

journal of marital and family therapy

Journal of Marital and Family Therapy: Exploring the Heart of Relationship Science

journal of marital and family therapy serves as a pivotal resource for professionals and scholars interested in the dynamics of relationships, families, and couples therapy. This esteemed publication bridges the gap between research and clinical practice, offering valuable insights into the complexities of marital and family interactions. Whether you are a therapist, researcher, student, or simply someone passionate about understanding family systems, the journal provides a wealth of knowledge that enhances both theoretical understanding and practical application.

What Is the Journal of Marital and Family Therapy?

The Journal of Marital and Family Therapy (JMFT) is a peer-reviewed academic journal dedicated to advancing the science and practice of family therapy. Established to promote evidence-based interventions and innovative research, it publishes articles that cover a broad spectrum of topics related to marital relationships, family functioning, couple dynamics, and systemic therapy approaches.

JMFT is widely recognized for its rigorous standards and commitment to improving the mental health and wellbeing of individuals within relational contexts. It is a go-to publication for clinicians seeking the latest therapeutic techniques, researchers exploring family psychology, and educators training the next generation of therapists.

The Scope and Focus Areas

The journal covers an extensive range of subjects, including but not limited to:

- Couple therapy methods and outcomes
- Family systems theory and interventions
- Child and adolescent family therapy
- Gender roles and relationship dynamics
- Cultural influences on family functioning
- Trauma and resilience within family contexts
- Divorce, remarriage, and blended family challenges
- Ethical issues in marital and family therapy

This diversity ensures that readers gain comprehensive perspectives on how families operate and how therapy can foster healthier relationships.

Why the Journal of Marital and Family Therapy Matters

Understanding the importance of the Journal of Marital and Family Therapy requires appreciating how

vital relationships are to individual and societal wellbeing. Families form the cornerstone of emotional support, socialization, and identity development. When these units face distress, the ripple effects can be profound. The journal plays a crucial role in:

Bridging Research and Practice

One of the journal's standout features is its ability to translate complex research findings into practical strategies for therapy. Articles often include clinical case studies, treatment frameworks, and outcome evaluations that therapists can readily apply. This connection helps avoid the "research-to-practice gap" common in many mental health fields.

Promoting Evidence-Based Therapy

In today's mental health climate, evidence-based practice is more important than ever. The journal rigorously vets studies to ensure that the treatments and theories it promotes have a strong empirical foundation. This focus empowers therapists to use interventions that have been tested and proven effective, ultimately improving client outcomes.

Encouraging Multicultural and Inclusive Perspectives

Families come in all shapes, sizes, and cultural backgrounds. The Journal of Marital and Family Therapy consistently highlights the importance of cultural competence and inclusivity. Articles often explore how ethnicity, socioeconomic status, sexual orientation, and other factors influence family dynamics and therapeutic approaches.

How to Use the Journal of Marital and Family Therapy Effectively

If you are a practitioner, student, or researcher, tapping into the journal's resources can be immensely beneficial. Here are some strategies to maximize its value:

Stay Updated with Current Trends

Family therapy is a dynamic field. New challenges such as digital communication issues, evolving family structures, and global stressors demand fresh insights. Subscribing to or regularly accessing the journal can keep you informed about emerging trends and innovative techniques.

Apply Research Insights to Clinical Practice

When reading articles, look for sections that discuss therapeutic interventions and client outcomes. Consider how the described approaches might fit your practice or research. For example, you might find new ways to handle conflict resolution, foster emotional intimacy, or address systemic family problems.

Use the Journal for Academic Purposes

Students and educators can leverage the journal for coursework, thesis writing, and curriculum development. It offers credible sources for literature reviews and helps in understanding the theoretical foundations of family therapy.

Key Topics Frequently Explored in the Journal

To deepen your appreciation for the Journal of Marital and Family Therapy, it helps to be familiar with some of the recurring themes and areas of focus that define its content.

Couple Therapy Techniques

Many articles delve into therapeutic models designed specifically for couples. These include Emotionally Focused Therapy (EFT), Cognitive-Behavioral Couple Therapy (CBCT), and Integrative Behavioral Couple Therapy (IBCT). Such studies examine how these approaches help improve communication, rebuild trust, and resolve conflicts.

Family Systems Theory

Rooted in the understanding that individuals cannot be fully understood in isolation from their family context, family systems theory is a foundational concept in the journal. Research often explores how family roles, boundaries, and patterns influence behavior and mental health.

Impact of Trauma on Families

Trauma can profoundly affect family dynamics. The journal presents research on how trauma—whether from abuse, loss, or external events—can disrupt family functioning and what therapeutic interventions can promote healing and resilience.

Diversity and Inclusion in Therapy

Articles frequently discuss how therapists can better serve diverse populations by incorporating culturally sensitive practices. This includes addressing systemic biases, respecting different family structures, and tailoring interventions to unique cultural contexts.

Accessing and Subscribing to the Journal

The Journal of Marital and Family Therapy is available through various academic databases and publisher platforms. Many universities provide access to students and faculty, but individuals can also subscribe directly.

For those without institutional access, some articles may be available through open access options or by contacting authors directly. Additionally, joining professional organizations such as the American Association for Marriage and Family Therapy (AAMFT) often includes journal subscriptions as a member benefit.

Tips for Reading Academic Journals Efficiently

Reading scholarly articles can sometimes feel overwhelming, especially if you're new to the field. Here are some tips to make the process smoother:

- **Start with the abstract:** It gives you a quick overview of the study's purpose and findings.
- **Focus on the introduction and discussion:** These sections provide context and explain the significance of the results.
- **Take notes on key points:** Summarize clinical implications and methodologies that interest you.
- **Look up unfamiliar terms:** Expanding your vocabulary enhances comprehension and future reading ease.

By adopting these strategies, you can extract meaningful insights without getting bogged down by technical jargon.

Future Directions in Marital and Family Therapy Research

The Journal of Marital and Family Therapy not only reflects current knowledge but also points toward future avenues of exploration. Innovations in technology, such as teletherapy and digital tools for couples, are gaining attention. The role of genetics and neuroscience in family behavior is another emerging area.

Moreover, as society evolves, so too does the definition of family. Research is increasingly exploring non-traditional family structures, the impact of social media, and global perspectives on relationship health.

For clinicians and researchers alike, staying engaged with the journal means staying at the forefront of these exciting developments.

The Journal of Marital and Family Therapy remains a cornerstone in the ever-evolving landscape of relationship science, offering a rich blend of theory, research, and clinical application to those dedicated to nurturing healthier marriages and families.

Frequently Asked Questions

What is the Journal of Marital and Family Therapy?

The Journal of Marital and Family Therapy is a peer-reviewed academic journal that publishes research, theory, and clinical practice articles related to marital and family therapy.

Who publishes the Journal of Marital and Family Therapy?

The Journal of Marital and Family Therapy is published by Wiley-Blackwell on behalf of the American Association for Marriage and Family Therapy (AAMFT).

What topics are covered in the Journal of Marital and Family Therapy?

The journal covers topics such as family dynamics, couple therapy, systemic therapy, clinical interventions, assessment techniques, and research in marital and family therapy.

How often is the Journal of Marital and Family Therapy published?

The Journal of Marital and Family Therapy is published quarterly, with four issues released each year.

Is the Journal of Marital and Family Therapy peer-reviewed?

Yes, the Journal of Marital and Family Therapy is a peer-reviewed journal, ensuring that published articles meet rigorous academic and professional standards.

How can I access articles from the Journal of Marital and Family Therapy?

Articles can be accessed through academic libraries, the Wiley Online Library platform, or by subscription through the American Association for Marriage and Family Therapy.

Can practitioners submit their research to the Journal of Marital and Family Therapy?

Yes, practitioners, researchers, and scholars are encouraged to submit original research, clinical case

studies, and theoretical articles for consideration in the journal.

What is the impact factor of the Journal of Marital and Family Therapy?

As of recent reports, the Journal of Marital and Family Therapy has a notable impact factor reflecting its influence in the field, but the exact number can vary yearly and should be checked on official sources.

Does the Journal of Marital and Family Therapy publish special issues?

Yes, the journal occasionally publishes special issues focusing on emerging topics, trends, or significant themes in marital and family therapy.

How does the Journal of Marital and Family Therapy contribute to the field?

The journal contributes by disseminating cutting-edge research, promoting evidence-based clinical practices, fostering professional development, and advancing theoretical understanding in marital and family therapy.

Additional Resources

Journal of Marital and Family Therapy: A Critical Examination of Its Role in Advancing Family Therapy Research

journal of marital and family therapy stands as a pivotal publication within the field of mental health, specifically focusing on the dynamics of couples and families. As a leading peer-reviewed journal, it has significantly contributed to the dissemination of empirical research, clinical innovations, and theoretical developments related to marital and family therapy. This article explores the journal's scope, impact, and relevance in contemporary therapeutic practice while investigating the broader implications of its contributions to the mental health community.

Overview of the Journal of Marital and Family Therapy

Established in 1975, the Journal of Marital and Family Therapy (JMFT) has maintained a strong reputation as an authoritative source for researchers, clinicians, and educators. Published quarterly by Wiley-Blackwell on behalf of the American Association for Marriage and Family Therapy (AAMFT), JMFT primarily focuses on research that advances understanding of relational processes, systemic interventions, and therapeutic outcomes in the context of couples and families.

The journal's editorial policy emphasizes rigorous scientific inquiry, encouraging submissions that utilize qualitative, quantitative, and mixed-methods approaches. This inclusiveness ensures a broad spectrum of research paradigms, reflecting the complex and multifaceted nature of family systems

and marital relationships.

Scope and Thematic Focus

The journal covers a wide array of topics, including but not limited to:

- Couple and family therapy techniques and outcomes
- Systemic and relational theories
- Impact of cultural, social, and economic factors on family functioning
- Psychopathology within family systems
- Innovations in clinical practice and training
- Policy implications for family therapy services

This diverse thematic coverage aligns with the evolving landscape of mental health care, where interdisciplinary and culturally sensitive approaches are increasingly valued. By addressing this range, the journal helps bridge gaps between research and clinical applications.

Impact and Influence in the Field of Family Therapy

The journal of marital and family therapy holds a notable position in academic and clinical circles. According to the latest Journal Citation Reports, JMFT consistently ranks within the top quartile of journals specializing in psychotherapy and family studies. Its impact factor, a metric reflecting the average citations per published article, underscores the journal's influence in shaping contemporary research and practice.

Comparative Analysis with Other Family Therapy Journals

While numerous journals exist within the domain of family therapy and relational psychology, JMFT distinguishes itself through:

- **Emphasis on empirical validation:** Unlike some publications that lean heavily on theoretical discourse, JMFT prioritizes data-driven studies that validate therapeutic models.
- **Integration of systemic perspectives:** The journal embraces systemic theories that consider the family as an interconnected unit rather than isolated individuals.

- **Accessibility to practitioners:** Articles often include practical implications and clinical recommendations, making the research relevant beyond academia.

In contrast, journals like *Family Process* or *Journal of Family Psychology* may focus more on interdisciplinary psychological aspects or broader social science perspectives. JMFT's targeted approach to marital and family therapy provides a specialized platform for advancing clinical methodologies and outcome research.

Key Features of the Journal of Marital and Family Therapy

The journal's editorial standards and publication features contribute to its ongoing relevance:

Peer-Reviewed and Evidence-Based Content

JMFT enforces a stringent peer-review process, ensuring that published articles meet high scientific and ethical standards. This process involves expert reviewers who assess methodological rigor, theoretical coherence, and clinical relevance. The journal's commitment to evidence-based practice supports therapists in adopting interventions grounded in scientific validation.

Multidisciplinary Contributions

Recognizing that family therapy intersects with psychology, social work, psychiatry, and counseling, the journal welcomes interdisciplinary research. This diversity fosters innovative approaches and comprehensive understanding of family dynamics, addressing complex issues such as trauma, addiction, and systemic inequalities.

Accessibility and Digital Presence

With the rise of digital publishing, JMFT provides online access to current and archived issues, enhancing accessibility for international audiences. The journal's presence on major academic databases, including PubMed, PsycINFO, and Scopus, facilitates dissemination to professionals and scholars worldwide.

Emerging Trends and Challenges Reflected in JMFT

As family structures and societal norms evolve, JMFT mirrors these changes by publishing research on contemporary challenges and innovations.

Inclusion of Diverse Family Configurations

Recent issues have expanded focus to nontraditional family forms, such as LGBTQ+ families, blended families, and cohabiting partners. This inclusivity reflects broader societal recognition of varied relational arrangements and underscores the need for adaptable therapeutic models.

Technology and Teletherapy

In response to increased reliance on telehealth, especially accelerated by the COVID-19 pandemic, JMFT has featured studies evaluating the efficacy of virtual family therapy sessions. Such research is critical for optimizing remote interventions and ensuring equitable access to services.

Addressing Socioeconomic and Cultural Disparities

The journal promotes research that examines systemic barriers to mental health care, including racial disparities and economic challenges. By highlighting these factors, JMFT encourages therapists to adopt culturally competent and socially aware practices.

Considerations for Practitioners and Researchers

For clinicians and scholars, engaging with the Journal of Marital and Family Therapy offers several advantages:

1. **Evidence-Informed Practice:** Therapists can stay updated on validated treatment modalities and emerging clinical techniques.
2. **Research Opportunities:** Academics can identify gaps in the literature and contribute to the evolving knowledge base.
3. **Professional Development:** Access to comprehensive reviews and case studies aids in refining skills and understanding complex family dynamics.

However, some challenges persist. The specialized nature of JMFT may limit its readership outside dedicated family therapy circles, potentially constraining interdisciplinary dialogue. Additionally, access barriers due to subscription costs can impede availability for practitioners in resource-limited settings.

The Future Trajectory of the Journal

Looking ahead, the journal of marital and family therapy is poised to maintain its leadership role by embracing innovative research themes and advancing clinical relevance. Areas such as neurobiological underpinnings of relational behaviors, integration of artificial intelligence in therapy, and global perspectives on family interventions are likely to gain prominence.

Continued efforts to enhance open-access options and foster international collaborations will also be critical in expanding the journal's reach and impact. By balancing rigorous scientific standards with practical applicability, JMFT remains an indispensable resource within the mental health landscape.

The journal's ongoing commitment to exploring the complexities of human relationships through empirical research and clinical insight ensures its status as a cornerstone publication for those dedicated to improving the well-being of couples and families worldwide.

Journal Of Marital And Family Therapy

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journal of marital and family therapy: Journal of Marital and Family Therapy , 2010
journal of marital and family therapy: Marriage and Family Therapy Linda Metcalf,
2023-12-23 Learn how to take different models of therapy from theory to real world practice
Delivering proven therapeutic strategies that can be used immediately by students of marital and family therapy, this text brings 15 modern and postmodern therapy models to life through guiding templates and interviews with master therapists. The text progresses step-by-step through marriage and family essentials, describing in detail the systemic mindset and basic terminology used by the marriage and family therapist. Interviews with such master therapists as Albert Ellis, David V. Keith, and Mariana Martinez—who each provide commentary on a single case study—give readers the opportunity to observe different models in action, clarifying theory and practice simultaneously. Instructive templates for each model illuminate the nuts and bolts of the therapy process and help instructors bring content to life, so students can visualize and practice the process. The updated third edition presents new interviews with master therapists, a new case study that reflects the modern-day client, and a section on social justice in each chapter. Also featured in the third edition are links to valuable new websites, recommended reading for in-depth study of each model, and an updated Instructor Manual, Test Bank, and Instructor Chapter PowerPoints. Audio and Video content are also available for chapters focusing on therapy models to dive deeper into practical application, interviews, and role play. New to the Third Edition: New chapters on social justice, teletherapy practices, marriage and family therapy in times of crisis including COVID-19, and the advantages of an accredited program New interviews with master therapists who are evolving the systemic mindset, including an updated case study that reflects the contemporary client A section on social justice for each therapy model Audio and video content with interviews, discussions, and role play to enhance learning Key Features: Provides a guiding template for each model from assessment through termination Introduces the theory, history, theoretical assumptions, techniques, and components of each paradigm Delivers numerous interviews, case study commentaries, and analyses by prominent master therapists Provides theory and practice on supervision, research, ethics, and self-care of the therapist

journal of marital and family therapy: Family Therapy Education and Supervision Fred P.

Piercy, 1986 Leading educators and supervisors provide vital insights and guidelines for the training and supervision of family clinicians.

journal of marital and family therapy: Praxis der Emotionsfokussierten Paartherapie Sue Johnson, 2021-12-17 Das Standardwerk der EFPT – auf den neuesten Stand gebracht Für Paartherapeut*innen, und Supervisor*innen, die emotionsfokussiert arbeiten möchten, ist dieses Buch seit jeher der Leitfaden. In die überarbeitete Auflage wurden aktuelle Entwicklungen auf dem Gebiet der Paartherapie einbezogen sowie neuere Forschungsergebnisse zu klinischen Interventionen. Berücksichtigt wurden außerdem ein erweitertes Verständnis von Emotionsregulation, Erkenntnisse aus den Neurowissenschaften und zum Bindungsverhalten Erwachsener sowie dynamische EFT-Anwendungen für Probleme wie Depressionen, Angstzustände, sexuelle Störungen und PTBS. Als einer der plausibelsten, am besten dokumentierten und erforschten paartherapeutischen Ansätze ist die Emotionsfokussierte Paartherapie (EFPT) eine äußerst wirksame Beziehungstherapie. Das Buch bietet einen in sich stimmigen Werkzeugkasten von Interventionen und einen Leitfaden für den Prozess der Veränderung. Die Neuauflage von Susan M. Johnsons Buch Praxis der Emotionsfokussierten Paartherapie, 15 Jahre nach Erscheinen der Erstauflage, zeigt, wie wichtig systematische Forschungsarbeit für die Entwicklung einer großen Theorie sein kann. Dieses Buch ist ein Muss für jeden Therapeuten. —John Gottman

journal of marital and family therapy: Verhaltenstherapie mit Paaren Guy Bodenmann, 2012-01-01 Wie gehen moderne Verhaltenstherapeuten vor, wenn Paare mit ihren Schwierigkeiten zu ihnen kommen? Dieses Buch gibt einen detaillierten Überblick über wissenschaftlich fundierte Interventionen in der Paartherapie. Der Autor erklärt den theoretischen Hintergrund von Paarstörungen, vermittelt wesentliche Konzepte zum Verständnis des therapeutischen Vorgehens, bietet diagnostische Hilfestellungen und einen Leitfaden für die praktische Durchführung. Neben den klassischen Komponenten der Verhaltenstherapie mit Paaren, wie dem Verhaltensaustausch und dem Kommunikations- und Problemlösetraining, werden auch neuere Entwicklungen aus der Stress- und Copingforschung vorgestellt, insbesondere die Arbeit mit dem Konzept des dyadischen Copings. Neuere Impulse sind zudem im Akzeptierungsansatz enthalten.

journal of marital and family therapy: Clinical Handbook of Couple Therapy Jay L. Lebow, Douglas K. Snyder, 2022-11-14 Now in a significantly revised sixth edition with 70% new material, this comprehensive handbook has introduced tens of thousands of practitioners and students to the leading forms of couple therapy practiced today. Prominent experts present effective ways to reduce couple distress, improve overall relationship satisfaction, and address specific relational or individual problems. Chapters on major approaches follow a consistent format to help readers easily grasp each model's history, theoretical underpinnings, evidence base, and clinical techniques. Chapters on applications provide practical guidance for working with particular populations (such as stepfamily couples and LGBT couples) and clinical problems (such as intimate partner violence, infidelity, and various psychological disorders). Instructive case examples are woven throughout. New to This Edition *Chapters on additional clinical approaches: acceptance and commitment therapy, mentalization-based therapy, intergenerational therapy, socioculturally attuned therapy, and the therapeutic palette approach. *Chapters on sexuality, older adult couples, and parents of youth with disruptive behavior problems. *Chapters on assessment and common factors in couple therapy. *Chapters on cutting-edge special topics: relationship enhancement, telehealth interventions, and ethical issues in couple therapy.

journal of marital and family therapy: The SAGE Encyclopedia of Marriage, Family, and Couples Counseling Jon Carlson, Shannon B. Dermer, 2016-10-11 The SAGE Encyclopedia of Marriage, Family and Couples Counseling is a new, all-encompassing, landmark work for researchers seeking to broaden their knowledge of this vast and diffuse field. Marriage and family counseling programs are established at institutions worldwide, yet there is no current work focused specifically on family therapy. While other works have discussed various methodologies, cases, niche aspects of the field and some broader views of counseling in general, this authoritative Encyclopedia provides readers with a fully comprehensive and accessible reference to aid in understanding the

full scope and diversity of theories, approaches, and techniques and how they address various life events within the unique dynamics of families, couples, and related interpersonal relationships. Key topics include: Assessment Communication Coping Diversity Interventions and Techniques Life Events/Transitions Sexuality Work/Life Issues, and more Key features include: More than 500 signed articles written by key figures in the field span four comprehensive volumes Front matter includes a Reader's Guide that groups related entries thematically Back matter includes a history of the development of the field, a Resource Guide to key associations, websites, and journals, a selected Bibliography of classic publications, and a detailed Index All entries conclude with Further Readings and Cross References to related entries to aid the reader in their research journey

journal of marital and family therapy: Handbook of LGBT-Affirmative Couple and Family Therapy Jerry J. Bigner, Joseph L. Wetchler, 2012-05-04 The editors and contributors of this comprehensive text provide a unique and important contribution to LGBT clinical literature. Spanning 30 chapters, they discuss the diverse and complex issues involved in LGBT couple and family therapy. In almost 15 years, this book provides the first in-depth overview of the best practices for therapists and those in training who wish to work effectively with LGBT clients, couples, and families need to know, and is only the second of its kind in the history of the field. The clinical issues discussed include • raising LGBT children • coming out • elderly LGBT issues • sex therapy • ethical and training issues Because of the breadth of the book, its specificity, and the expertise of the contributing authors and editors, it is the definitive handbook on LGBT couple and family therapy.

journal of marital and family therapy: The Handbook of Systemic Family Therapy, The Profession of Systemic Family Therapy Richard B. Miller, Ryan B. Seedall, 2020-10-19 This first volume of the The Handbook of Systemic Family Therapy includes extensive work on the theory, practice, research, and policy foundations of the profession of CMFT and its roles in an integrated health care system. Developed in partnership with the American Association for Marriage and Family Therapy (AAMFT), it will appeal to clinicians, such as couple, marital, and family therapists, counselors, psychologists, social workers, and psychiatrists. It will also benefit researchers, educators, and graduate students involved in CMFT.

journal of marital and family therapy: Couples and Family Therapy in Clinical Practice Ira D. Glick, Douglas S. Rait, Alison M. Heru, Michael Ascher, 2015-10-15 Couples and Family Therapy in Clinical Practice has been the psychiatric and mental health clinician's trusted companion for over four decades. This new fifth edition delivers the essential information that clinicians of all disciplines need to provide effective family-centered interventions for couples and families. A practical clinical guide, it helps clinicians integrate family-systems approaches with pharmacotherapies for individual patients and their families. Couples and Family Therapy in Clinical Practice draws on the authors' extensive clinical experience as well as on the scientific literature in the family-systems, psychiatry, psychotherapy, and neuroscience fields.

journal of marital and family therapy: Case Studies in Couple and Family Therapy Frank M. Dattilio, Marvin R. Goldfried, 2001-04-23 Bringing together some of the most creative and influential voices in the field, this book draws compelling connections between theory and practice, demonstrates the transformative potential of couple and family intervention, and helps readers maximize the effectiveness of their work in a range of settings. It is a vital resource for therapists of all orientations and also serves as a text in advanced undergraduate or graduate-level courses.

journal of marital and family therapy: Handbook of Contemporary Families Marilyn Coleman, Lawrence H Ganong, 2004 Coleman and Ganong recruited an outstanding group of scholars to contribute to the Handbook of Contemporary Families. Authors represent a wide array of disciplines, and the topics touch on every aspect of family life. The organization of the book is excellent and the writing of high quality. Scholars and students alike will find the book a valuable resource. --Alan Booth, Penn State University Marilyn Coleman and Larry Ganong have produced a comprehensive handbook exploring the changes and challenges confronting contemporary families. The chapters, written by some of the most distinguished social scientists studying families, give a

balanced research-based analysis of some of the most contentious issues of our time. --E. Mavis Hetherington, University of Virginia This useful handbook brings together many of the most important new findings and provocative ideas about America's diverse and changing families. An excellent resource. --Stephanie Coontz, author of *The Way We Really Are: Coming to Terms with America's Changing Families* What has happened to marriage and families? What is the current state of families? Where are families headed? Where is family scholarship headed? As families face challenges today brought on by events that have changed their perception of the world, there is a need for a clear assessment of what has happened to families in the past and an examination of some data-based theories about what is likely to happen in the future. *The Handbook of Contemporary Families* explores how families have changed in the last 30 years and speculates about future trends. Editors Marilyn Coleman and Lawrence H. Ganong, along with a multidisciplinary group of contributors, critique the approaches used to study relationships and families while suggesting modern approaches for the new millennium. The Handbook looks at how changes within the contemporary family have been reflected in family law, family education, and family therapy. Features of this Handbook: Examines a diverse array of families and relationships in which people live, including chapters on alternative lifestyles, gay and lesbian relationships, economically distressed families, religion and families, racial and ethnic diversity, a feminist vision for families, older families, and the effect of computers and other technology on family relationships Includes both a historical review and future speculation on the subjects covered in each chapter Interdisciplinary contributors representing a variety of fields such as history, family studies, sociology, law, therapy, social work, psychology, nursing, and human development *The Handbook of Contemporary Families* is an excellent resource for advanced undergraduate and graduate students, researchers, educators, and practitioners who study and work with families in several disciplines, including Family Science, Human Development and Family Studies, Sociology, Marriage & Family Therapy, and Social Work.

journal of marital and family therapy: *Family Therapy Review* Robert H. Coombs, 2005 This book offers a clear, readable overview of all the knowledge and skills those training as marriage and family therapists and counselors need to pass final degree program, certification or licensing examinations. It is organized into three sections: Basic Clinical Knowledge and Skills, Common Client Problems, and Career Issues. Each chapter includes challenging study questions that enable readers to assess their own level of understanding--15 true/false questions at the outset checking on baseline knowledge, 30 multiple-choice questions interspersed through the text underlining crucial points, and 10 provocative discussion questions at the end facilitating synthesis. Each chapter also provides a glossary of key terms and, in addition to references, annotated suggestions for further reading and Web site exploration. Students and trainees will find *Family Therapy Review: Preparing for Comprehensive and Licensing Examinations* a resource to which they will go on referring long after it has helped them through their examinations; faculty and established professionals will find it a useful one-stop summary of current thinking about best practice.

journal of marital and family therapy: Die Wirksamkeit der Systemischen Therapie/Familientherapie Kirsten von Sydow, Stefan Beher, Rüdiger Retzlaff, Jochen Schweitzer, 2006-10-31 Das Buch gibt einen kurzen Überblick über die theoretischen Grundlagen und die Praxis der Systemischen Therapie/Familientherapie und stellt anschließend differenziert den aktuellen Stand der systemischen/familientherapeutischen Psychotherapieforschung dar. Insbesondere werden die derzeit vorliegenden kontrollierten randomisierten Outcome-Studien sowie Studien zum Psychotherapieprozess referiert. Darüber hinaus wird auch auf die Versorgungsrelevanz dieses Ansatzes eingegangen. Es wird deutlich, dass die Wirksamkeit von Systemischer Therapie/Familientherapie für eine Reihe von Störungsbildern sowohl im Kindes- und Jugendalter als auch bei Erwachsenen gut belegt ist. Aufgezeigt werden zudem die besonderen Vorteile des systemischen/familientherapeutischen Ansatzes, nämlich die meist geringeren »Drop-out«-Raten, die hohe »Kundenzufriedenheit« der Patienten und Angehörigen mit der Therapie sowie die günstige Kosten-Nutzen-Relation. Der Band liefert damit einen aktuellen und umfassenden Überblick zur

systemischen/familietherapeutischen Psychotherapieforschung.

journal of marital and family therapy: Handbook of Family Therapy Training and Supervision Howard A. Liddle, Douglas C. Breunlin, Richard C. Schwartz, 1988-06-17 Over the last three decades, family therapy has revolutionized the mental health field, changing the way human problems are conceived and therapy is conducted. In concert with the dynamic growth of family therapy, the field of family therapy training and supervision has also expanded enormously yielding many new ideas and skills. Yet, until now, few books have been devoted to it, and no single volume has attempted to relate the full breadth of this growing field in terms of its conceptual and theoretical expansion as well as its practical application. HANDBOOK OF FAMILY THERAPY TRAINING AND SUPERVISION fills this need by presenting a truly comprehensive view of this dynamic area. To accomplish this broad yet in-depth scope, editors Liddle, Breunlin, and Schwartz have assembled 30 highly acclaimed authorities to author chapters in their respective areas of expertise. For further clarification, the editors have included segues that introduce and analyze each of the book's four major sections providing the reader with an overview of the section, highlights of themes that run through it, and discussion of the issues raised in a way that ties the chapters together. The book opens with a presentation of the unique and innovative approaches to training and supervision that have evolved in each separate school of family therapy. Offering a panoramic view of the entire field of family therapy, these seven chapters allow for fascinating comparisons among the different schools regarding the process by which ideas about therapy evolve into training techniques and philosophies. Section II follows with an explication of the pragmatics of family therapy supervision. Helping family therapy trainers avoid and anticipate the common mistakes involved with supervision, the skills described in this section create an atmosphere conducive to learning and maintaining a working trainer-trainee relationship, and finally, for training of supervisors. Practical guidelines for using live and video supervision are included. Section III features family therapy trainers in such diverse fields as psychiatry, psychology, family medicine, social work, nursing, free-standing and academic family therapy programs, who describe the problems and advantages they encounter teaching these new ideas within their idiosyncratic contexts. The book closes with a section that includes reflections on the field by such innovative and respected leaders as Cloe Madanes and Jay Haley. Among topics covered are perspectives and recommendations for researchers evaluating family therapy, practical advice for incorporating a cultural perspective into training programs, feedback on the experience of live supervision from trainees' perspectives. An appendix follows that provides over 400 references organized by subject for easy reference. Given the level and scope of this extraordinary text, FAMILY THERAPY TRAINING AND SUPERVISION is an invaluable resource for anyone interested in teaching, learning, or simply appreciating family therapy.

journal of marital and family therapy: Clinical Handbook of Couple Therapy, Fourth Edition Alan S. Gurman, 2008-06-24 This authoritative handbook provides a definitive overview of the theory and practice of couple therapy. Noted contributors--many of whom developed the approaches they describe--combine clear conceptual exposition with thorough descriptions of therapeutic techniques. In addition to presenting major couple therapy models in step-by-step detail, the book describes effective applications for particular populations and problems. Chapters adhere closely to a uniform structure to facilitate study and comparison, enhancing the book's utility as a reference and text. See also Clinical Casebook of Couple Therapy, also edited by Alan S. Gurman, which presents in-depth illustrations of treatment.

journal of marital and family therapy: Foundations of Couples, Marriage, and Family Counseling David Capuzzi, Mark D. Stauffer, 2021-04-09 Foundations of Couples, Marriage, and Family Counseling A newly updated and practical approach to marriage, couples, and family counseling Now in its second edition, Foundations of Couples, Marriage, and Family Counseling delivers a comprehensive treatment of current theory, research, and real-life practice in family therapy. The text is fully aligned with the Council for Accreditation of Counseling and Related Educational Programs (CACREP) and Commission on Accreditation for Marriage and Family Therapy

Education (COAMFTE). It covers foundational and advanced topics of critical importance to student counselors and therapists seeking to work in family settings, including sexuality, trauma, divorce, domestic violence, addictions, filial play therapy, and the positioning of culture and context in family therapy. The new edition includes updated content in each chapter and entirely new chapters on assessments and helping families mitigate, adapt, and transition during crisis. This important book: Covers the basic knowledge and skills essential to students and practitioners of couples and family therapy Details the history, concepts, and techniques associated with crucial theories, and includes a new chapter on the most up to date assessment strategies Tackles contemporary issues and interventions in trauma, divorce, domestic violence, sexuality, and more At once comprehensive and concise, the Second Edition of *Foundations of Couples, Marriage, and Family Counseling* offers readers a guide to the complex and interconnected concepts required to support a full understanding of couples and family therapy.

journal of marital and family therapy: Common Factors in Couple and Family Therapy

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Draper, Ros, 2010-05-01 Lists of key texts and diagrams, suggested reading organized by topic, and practical examples and exercises are also used in order to encourage the reader to explore and experiment with the ideas in their own practice. --

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