

compassion and caring in nursing

Compassion and Caring in Nursing: The Heart of Healthcare

compassion and caring in nursing are more than just qualities; they form the very essence of what it means to be a nurse. While clinical skills and medical knowledge are fundamental, it is the human connection, the ability to empathize and provide emotional support, that truly defines exceptional nursing care. In this ever-evolving healthcare environment, where technology often takes center stage, the importance of genuine compassion and caring has never been more vital. These elements not only improve patient outcomes but also foster trust, comfort, and healing in ways that medicine alone cannot achieve.

Why Compassion and Caring Matter in Nursing

Nursing is a profession grounded in service to others. Patients often find themselves at their most vulnerable when hospitalized or receiving medical treatment. It is during these moments that compassion and caring in nursing become crucial. Compassion allows nurses to see patients as whole individuals—not just as cases or symptoms—while caring enables them to respond to physical and emotional needs effectively.

Studies have shown that compassionate care can reduce patient anxiety, improve pain management, and even accelerate recovery times. When nurses demonstrate genuine concern, patients feel more comfortable sharing their fears and concerns, which leads to better communication and enhanced care planning.

Building Trust Through Compassion

Trust is the foundation of any therapeutic relationship. Compassionate nursing fosters trust by showing patients that their caregivers genuinely care about their well-being. This trust encourages patients to adhere to treatment plans, disclose important health information, and engage actively in their own care. Without compassion, the nurse-patient relationship risks becoming mechanical and impersonal, which can negatively impact health outcomes.

The Role of Emotional Intelligence in Compassionate Nursing

Emotional intelligence (EI) is a critical skill that enhances compassion and caring in nursing. It involves the ability to recognize one's own emotions and those of others, and to manage interpersonal relationships judiciously and empathetically. Nurses with high EI are better equipped to handle the emotional

complexities of patient care, from comforting a grieving family member to managing their own stress.

Developing Emotional Resilience

Compassion fatigue is a real challenge for nurses who continuously provide empathetic care. Emotional resilience helps nurses maintain compassion without becoming overwhelmed. This balance enables sustained caring interactions and prevents burnout, ensuring nurses can provide high-quality care over the long term.

Practical Ways to Demonstrate Compassion and Caring in Nursing

Compassion and caring can be expressed through simple yet powerful actions. Here are some practical tips nurses can use to nurture these qualities in their daily practice:

- **Active Listening:** Give patients your full attention, listen without interrupting, and validate their feelings.
- **Personalized Care:** Tailor nursing interventions to fit the unique needs and preferences of each patient.
- **Physical Comfort:** Attend promptly to pain management, hygiene, and comfort measures.
- **Emotional Support:** Offer reassurance, provide encouragement, and be present during difficult moments.
- **Clear Communication:** Explain procedures and treatments in understandable terms, and encourage questions.
- **Cultural Sensitivity:** Respect patients' cultural backgrounds and beliefs, which fosters inclusiveness and respect.

Implementing these strategies helps create a healing environment where patients feel valued and cared for beyond their physical health needs.

Compassion and Caring in Nursing Education and Training

Developing compassion and caring skills starts early in nursing education. Academic programs now emphasize the importance of empathy alongside clinical competence. Simulation exercises, reflective journaling, and patient interaction scenarios are commonly used to cultivate these soft skills.

The Impact of Role Models and Mentorship

Experienced nurses who model compassionate behavior serve as powerful mentors for students and new nurses. Observing and emulating compassionate care practices helps embed these values into everyday nursing routines. Mentorship also offers emotional support to novice nurses, encouraging them to sustain their passion for caring despite workplace challenges.

Challenges to Maintaining Compassion and Caring in Modern Nursing

While compassion and caring are critical, nurses often face barriers that make it difficult to provide this level of care consistently. High patient loads, time constraints, administrative duties, and emotional exhaustion can all take a toll.

Balancing Efficiency with Empathy

Healthcare systems increasingly demand efficiency and quick turnarounds, which can conflict with the time needed to build meaningful patient relationships. Finding a balance between completing tasks and delivering compassionate care is an ongoing challenge for many nurses.

Strategies to Overcome Challenges

- **Prioritize Self-Care:** Nurses should maintain their own physical and emotional health to avoid burnout.
- **Time Management:** Efficiently organizing tasks allows more time for patient interaction.
- **Team Collaboration:** Sharing duties and supporting one another helps distribute workload pressures.

- **Continued Education:** Training in compassion fatigue awareness and coping mechanisms can strengthen resilience.

By addressing these challenges proactively, nurses can continue to provide the compassionate, caring care that patients deserve.

The Ripple Effect of Compassionate Nursing Care

The benefits of compassion and caring in nursing extend beyond the individual patient. Compassionate care promotes a positive work environment, enhances patient satisfaction scores, and even reduces hospital readmissions. When nurses connect with patients on a human level, it creates a ripple effect—patients feel respected and valued, families are reassured, and healthcare teams thrive.

Moreover, compassionate nursing contributes to the overall culture of healthcare, reminding everyone involved that at the heart of medicine lies humanity and kindness.

In nursing, compassion and caring are indispensable qualities that transform routine medical care into healing experiences. Despite the pressures and challenges inherent in healthcare, nurturing these attributes allows nurses to make a profound difference in the lives they touch every day. When compassion meets clinical expertise, patients receive not only treatment but also hope, dignity, and comfort.

Frequently Asked Questions

Why is compassion important in nursing care?

Compassion in nursing is essential because it helps build trust and rapport with patients, improves patient satisfaction, and can lead to better health outcomes by addressing emotional and psychological needs alongside physical care.

How can nurses demonstrate caring in their daily practice?

Nurses can demonstrate caring by actively listening to patients, showing empathy, providing comfort, being patient-centered, maintaining clear communication, and advocating for patients' needs.

What role does emotional intelligence play in compassionate nursing?

Emotional intelligence allows nurses to recognize and manage their own emotions while understanding and responding to the emotions of patients, which enhances compassionate interactions and improves patient care.

How does compassionate nursing impact patient recovery?

Compassionate nursing can reduce patient anxiety and stress, promote a positive healing environment, encourage patient cooperation with treatment plans, and ultimately contribute to faster and more effective recovery.

What challenges do nurses face in maintaining compassion and caring, and how can they overcome them?

Nurses may face challenges such as burnout, high workload, and emotional fatigue which can impact their ability to provide compassionate care. Overcoming these challenges involves self-care, seeking support, time management, and ongoing professional development focused on empathy and resilience.

Additional Resources

Compassion and Caring in Nursing: The Cornerstones of Patient-Centered Healthcare

Compassion and caring in nursing represent fundamental elements that shape the quality of healthcare delivery. These traits transcend clinical skills, embodying the emotional intelligence and human connection that nurses bring to patient care. In an era where technological advancements and efficiency often dominate healthcare conversations, the role of compassion and caring remains pivotal, influencing patient outcomes, satisfaction, and overall well-being.

The Role of Compassion and Caring in Modern Nursing Practice

Nursing, by its very nature, is a profession grounded in service to others. Compassion and caring in nursing extend beyond administering medication or performing technical procedures; they encompass the capacity to understand, empathize, and respond to patients' emotional and psychological needs. Research has consistently demonstrated that when nurses display genuine compassion, patients experience lower levels of anxiety, improved adherence to treatments, and a greater sense of dignity.

The integration of compassionate care into nursing practice also supports holistic treatment approaches. Holistic nursing recognizes the patient as a whole person, considering physical, emotional, social, and spiritual dimensions of health. Compassion fuels this approach by motivating nurses to see beyond

symptoms and diagnoses, fostering meaningful therapeutic relationships that can lead to better recovery trajectories.

Measuring Compassion: Challenges and Insights

Unlike measurable clinical competencies, compassion and caring are inherently subjective and difficult to quantify. This presents challenges for healthcare institutions aiming to evaluate and promote these qualities systematically. However, patient satisfaction surveys, peer reviews, and observational assessments offer some insights into the presence and impact of compassionate care.

A 2020 study published in the *Journal of Nursing Scholarship* highlighted that patients who rated their nurses highly for compassion were more likely to report positive health outcomes and express trust in their care providers. Additionally, nurses who practice compassion tend to experience higher job satisfaction and lower burnout rates, underscoring a reciprocal benefit.

Compassion Fatigue: A Critical Concern

While compassion is invaluable, nursing professionals often face the risk of compassion fatigue, a state of emotional exhaustion resulting from prolonged exposure to patient suffering. Compassion fatigue can erode a nurse's ability to provide empathetic care and may lead to decreased job performance and mental health challenges.

Healthcare organizations are increasingly aware of this issue, implementing support systems such as counseling services, resilience training, and workload management to help nurses maintain their emotional well-being. Recognizing the balance between professional detachment and compassionate engagement is vital to sustaining compassionate care in nursing environments.

Integrating Compassion and Caring into Nursing Education and Training

The cultivation of compassion and caring should begin early in nursing education. While technical knowledge is essential, educators are tasked with fostering emotional intelligence, communication skills, and ethical considerations that underpin compassionate care.

Simulation-based learning, reflective practices, and mentorship programs are effective strategies to develop these competencies. For example, role-playing scenarios that involve difficult conversations or ethical dilemmas encourage nursing students to practice empathy and cultural sensitivity. Furthermore,

interprofessional education promotes collaboration and understanding, enhancing the caring dynamic in clinical settings.

Technology and Compassion: Finding the Balance

The increasing digitization of healthcare, including electronic health records (EHRs) and telemedicine, presents both opportunities and challenges for compassion in nursing. On one hand, technology can streamline workflows and free up time for patient interaction. On the other hand, excessive screen time and data entry may inadvertently create barriers between nurses and patients.

Successful integration of technology requires intentional efforts to preserve human connection. Training nurses to use digital tools efficiently without compromising interpersonal communication is essential. Some healthcare facilities have implemented “compassion rounds,” where nurses focus solely on patient engagement without the distraction of devices, emphasizing the enduring importance of caring behaviors.

Impact of Compassion and Caring on Patient Outcomes

The positive influence of compassion and caring in nursing extends to measurable health outcomes. Studies have shown correlations between compassionate nursing care and reduced hospital readmission rates, shorter lengths of stay, and better management of chronic conditions. These outcomes not only improve patient quality of life but also contribute to cost-effective healthcare delivery.

Moreover, compassionate care enhances patient compliance with treatment plans. Patients who feel understood and supported are more likely to follow medical advice and attend follow-up appointments. This dynamic is particularly critical in managing complex diseases such as diabetes and heart failure, where lifestyle modifications and medication adherence are paramount.

Ethical Dimensions of Compassion in Nursing

Compassion is intertwined with nursing ethics, reflecting principles such as beneficence, respect for autonomy, and justice. Caring nurses advocate for vulnerable populations, ensuring equitable access to care and addressing social determinants of health. The ethical imperative to provide compassionate care challenges practitioners to confront biases and systemic barriers that may impede patient-centered treatment.

Additionally, ethical nursing practice involves self-care and professional boundaries. Nurses must navigate the tension between empathetic involvement and maintaining objectivity to make sound clinical decisions. Ethical frameworks guide nurses in balancing compassion with responsibility.

Strategies to Enhance Compassion and Caring in Healthcare Settings

Healthcare leaders play a crucial role in fostering environments where compassion and caring thrive. Organizational culture, policies, and leadership styles influence how nurses embody these values daily. Some effective strategies include:

- **Providing ongoing professional development:** Workshops and seminars focused on emotional intelligence and patient communication skills.
- **Encouraging reflective practice:** Journaling and discussion groups that allow nurses to process their experiences and emotions.
- **Promoting teamwork and collaboration:** Interdisciplinary cooperation enhances understanding and shared responsibility for compassionate care.
- **Recognizing and rewarding compassionate behaviors:** Incentives and acknowledgment programs motivate staff to prioritize caring attitudes.
- **Implementing patient-centered care models:** Structures that empower nurses to tailor care plans according to individual patient needs.

Such approaches contribute to a sustainable culture of compassion that benefits both patients and healthcare professionals.

The enduring essence of compassion and caring in nursing underscores that healthcare is not merely a science but also an art—one that requires heartfelt engagement and commitment. As the nursing profession evolves amid technological and systemic changes, maintaining this humanistic core remains imperative to delivering effective and meaningful healthcare.

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compassion and caring in nursing: Compassion, Caring and Communication Jacqui Baughan, Ann Smith, 2013-11-26 Compassion and caring are at the very heart of nursing - possibly that's why you were attracted to the nursing profession in the first place. But what does compassionate caring really mean in nursing practice? Compassion, Caring and Communication: Skills for Nursing Practice is a practical book that guides you through the complex dimensions of caring. It considers the ways in which you connect with patients, families and co-workers, and the long-lasting impact of emotions and feelings. Using real-life narratives, case studies and reflection activities, the authors demonstrate how you can develop and maintain the empathy and communication skills you need to create effective, compassionate and caring partnerships. New to the second edition: Comprehensively updated throughout to reflect and highlight current professional pressures and public concerns around nursing practice. Includes a broader range of relevant case studies, discussions and scenarios to engage students and qualified nurses at all levels. Contains new content about the impacts of recent government reports and policies on nursing care, developing an awareness of contemporary issues and debates. The BOND caring framework has been revised and updated alongside new 'caring indicators', to support the development of compassionate caring skills. All references have been updated using the latest sources and evidence-based studies.

compassion and caring in nursing: Excellence in Compassionate Nursing Care Claire Chambers, Elaine Ryder, 2017 We are passionately interested in the importance of nursing values and believe that excellence in compassionate nursing care lies at the heart of nursing practice and that leadership is key to making this happen. Every nurse, whatever their position and role, has a vital leadership role to play in ensuring excellent care remains at the heart of nursing practice. From the preface Highly committed nurses often feel disillusioned, disempowered and angry when they are faced with negative media reports about poor standards of care. They are genuinely concerned, and want to address issues, when patients and clients feel they are not being cared for with compassion. However, complex and under-resourced healthcare environments pose many challenges. Developing ideas and initiatives from the highly successful *Compassion and Caring in Nursing*, in this new book Claire Chambers and Elaine Ryder focus on these potential difficulties and

offers practitioners a chance to build on their current knowledge and experience, and consider ways to take the lead and act as catalysts for change. Each chapter focuses on a particular issue and case scenarios are used and revisited in each chapter, so that theory and practice are integrated throughout. Specific prompts encourage readers to bring about vital change in practice. All nurses, health visitors and health and social care practitioners should find this book motivating and realistic. It also offers thought-provoking inspiration for undergraduate and postgraduate healthcare students.--Provided by publisher.

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compassion and caring in nursing: Nurses in Critical Care: A Journey Through Compassion and Expertise Pasquale De Marco, 2025-04-09 In the heart of modern healthcare, critical care nurses stand as beacons of hope, navigating the treacherous waters of life-threatening illnesses and injuries. *Nurses in Critical Care: A Journey Through Compassion and Expertise* delves into the extraordinary world of these dedicated professionals, showcasing their unwavering commitment to patient care and their remarkable ability to balance clinical excellence with heartfelt compassion. With captivating real-life stories and evidence-based practices, this book unveils the intricate tapestry of skills, knowledge, and empathy that define critical care nursing. From mastering advanced medical interventions to providing unwavering psychosocial support, these nurses play a pivotal role in ensuring optimal patient outcomes, even in the most challenging circumstances. This comprehensive guide offers a profound exploration of the unique challenges and ethical dilemmas that arise in the critical care setting. It emphasizes the importance of ethical decision-making, patient advocacy, and self-care strategies for nurses navigating the emotional rigors of this demanding specialty. Moreover, this book celebrates the resilience and unwavering dedication of critical care nurses. It highlights their ability to provide exceptional care while navigating the complexities of the healthcare system, advocating for patients' rights, and collaborating effectively with interdisciplinary teams. Through the compelling narratives and insights shared in this book, readers gain a deep appreciation for the extraordinary contributions of critical care nurses. They witness firsthand the transformative impact of their expertise, compassion, and unwavering commitment to patient care. *Nurses in Critical Care: A Journey Through Compassion and Expertise* is an invaluable resource for aspiring and experienced critical care nurses, healthcare professionals, and anyone seeking a deeper understanding of the remarkable world of critical care nursing. It is a testament to the unwavering dedication, exceptional skills, and compassionate hearts of these healthcare heroes. If you like this book, write a review!

compassion and caring in nursing: COMPASSION, CARE AND COURAGE A Nurse's Journey RGN. KHALID SAEED ALI ALQAHTANI, LPN. SAAD AYED AWDHAH, RGN. ABDULRAHEM SALMAN HAMDAN ALMALKI, Nursing is not just a profession; its a calling and that calling is made of threads of compassion, care and courage. Compassion, Care, and Courage: A Nurse's Journey is a document of individual experience and a testament from the rest of us to those who roam hospital and home hallways, professing our profession with confident hands, tender hearts, and unwavering nerves. From the prenatal beginning sparks of excitement in childhood to silent, will- ushering genius called for in the most critical moments, the nursing career is paved in profound experience — some bright and shining, others painful but all fundamentally human. We encounter others at some of the most vulnerable points in their lives, as nurses. We hear their fears, their hopes, and sometimes their last words. This privilege is sacred. Within these pages are tales woven from sweat and sacrifice, chapters buoyed by clinical expertise, and moments developed out of compassion and perseverance. In this episode we look at the history of the profession: from the wards lit by the lantern of Florence Nightingale to the telehealth platforms of the 21st century. We salute nursing educators, researchers, frontline responders, and the many who are characteristically practicing change agents in boardrooms and policy circles. The many chapters in here contribute to different aspects of nursing life—be it the ethical dilemmas, burnout, leading through a crisis, or in finding joy through patients and reflection. What I'd really like to accomplish is not just documenting the journey of one nurse, but a message that all nurses out there, for what we are and why it goes beyond you or me. I invite the different readers—nurses, students, patients, and those who just have to be curious—to walk this pathway with me. I hope you walk away with a greater respect for the quiet strength of nurses, the emotional labor that they carry, and the bravery of caring deeply in a world that often hurries. Let this book be a mirror and a map: a mirror for reflection on where we have been, and a map for where the heart of nursing needs to go.

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compassion and caring in nursing: A Guide to Compassionate Healthcare Claire Chambers, 2024-05-13 A Guide to Compassionate Healthcare looks at how to maintain wellbeing in today's challenging healthcare environments, enabling practitioners to make a positive difference to the care environment whilst providing compassionate care to patients. This practical guide focuses on strategies to maintain health and wellbeing as health care practitioners, in relation to stress management, resilience and positivity. Health and social care practitioners have been challenged over and above anything they have faced before due to the Covid pandemic. These situations have caused extreme trauma and stress to patients, their loved ones and those who have been struggling to care for them. The book highlights why resilience and good stress management are crucial, and how they can be achieved through a focus on wellbeing and positivity, referring to her RESPECT toolkit: Resilience, Emotional intelligence, Stress management, Positivity, Energy and motivation, Challenge and Team leadership. This is essential reading for all those working in healthcare today who are passionate about compassionate care and want to ensure that they remain positive and well, particularly newly qualified staff.

compassion and caring in nursing: Compassion Fatigue and Burnout in Nursing Vidette Todaro-Franceschi, 2024-01-10 Praise for Past Editions This book is a vital read for individuals and the collective nursing profession... I encourage those who are concerned about the collective nursing profession, about what nurse educators are teaching students, about healthcare's high staff turnover and poor patient quality outcomes to consider reading and using this book. - M. R. Morrow, RN, PhD., Nursing Science Quarterly This book addresses the issue that all nurses eventually face at one time or another in their career, a loss of passion. The author takes readers on a journey to

recapture their passion...Every nurse should read this book. -V. Hedderick, Doody's Review Service

As relevant today as it was when the first edition was published in 2012--likely even more so after the devastation of COVID 19--Dr. Todaro-Franceschi delves deeper into issues surrounding professional quality of life (PQOL) for nurses and the intricate connection to caliber of care and healthcare outcomes. She offers new insights on compassion fatigue, burnout, moral distress, caring for the dying, PTSD, and workplace bullying and violence noting that while the COVID-19 pandemic has grossly exacerbated existing problems in the workplace it has also created a perfect storm for nurses to regain a sense of the meaning and purpose of their work. Written by an acknowledged expert in end-of-life education, professional quality of life, and clinical leadership, this book will help empower nurses so that they can create a healthier, more compassionate work environment. Supported by research but written from a holistic and personal perspective, the text includes real-life examples, strategies, and exercises that will help readers to identify negative patterns and explore ways to recapture the joy in their work lives. New to the Third Edition: Integrates the impact of COVID-19 on the nursing profession throughout Provides new information on enhancing PQOL for nurses Includes new real-life examples from multiple nursing disciplines Key Features: Articulates an ethic of care developed from a transdisciplinary perspective Offers a framework--the ART© model, for mindful healing, living and working Shares real-life examples from critical care, end-of-life, oncology, and other clinical areas Provides a template for nurses, nurse educators and leaders to address critical issues affecting nursing workforce health, happiness and the work environment Includes a Nurse Leaders Resource Toolkit to assist staff with improving PQOL

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compassion and caring in nursing: Compassion Fatigue and Burnout in Nursing, Second Edition Vidette Todaro-Franceschi, 2019-03-18 "Dr. Todaro-Franceschi calls us to look with open eyes, open hearts, and open minds at the good, the bad, the ugly, and the ugliest in health care so that together we can cultivate a healthcare world in which compassion prevails and our shared humanity is embraced... It is up to all of us to hold and safeguard each other in this sacred work. Dr. Todaro-Franceschi helps us in this mission through this extraordinary book." Mary Koloroutis, RN, MSN CEO Creative Health Care Management, Minneapolis, Minnesota Co-Creator of the Relationship-Based Care Model In this second edition of her seminal text, Dr. Todaro-Franceschi offers new insights on professional quality of life, incorporating current practice, research literature, and examples to show how contentment and happiness of the nursing workforce is related to quality of care. The book provides practical strategies for dealing with a myriad of issues, including

compassion fatigue, burnout, moral distress, caring for the dying, PTSD, and workplace violence. This resource will help empower nurses so they can create a more compassionate work environment. Written by an acknowledged expert in end of life education, professional quality of life, and clinical leadership, the text addresses the complex nature of well-being in the nursing workforce. Supported by research but written from a holistic and personal perspective, the text includes case studies and exercises that will help the reader to identify negative patterns and explore ways to find purpose in one's life. New to the Second Edition: Expanded emphasis on how workforce well-being contributes to care quality Updated resources and information on national nursing initiatives related to professional quality of life New chapter on workplace violence (incivility, bullying and mobbing) New chapter on education related to improving PQOL and work environment Provides a Nurse Leaders Resource Toolkit to guide staff education Key Features: Articulates an ethic of care developed from a transdisciplinary perspective Increases nurse awareness of issues that might be hindering their PQOL Provides strategies for enhancing staff contentment and productivity, thereby promoting a healthy work environment Includes real-life examples from critical care, end-of-life care, hospice, oncology, and more Assists nurses with grief healing

compassion and caring in nursing: Fundamentals of Nursing E-Book Barbara L Yoost, Lynne R Crawford, 2019-01-23 Yoost and Crawford's Fundamentals of Nursing is back for a second-edition encore! The text that made its name by focusing on simple language and active learning continues its focus on helping you truly understand, apply, and retain important nursing information and concepts. Using a warm and conversational style, this new second edition guides you towards a basic understanding of the nursing profession and then logically progresses through the nursing process and into the safe and systematic methods of applying care. Each chapter features realistic and complex case studies and critical thinking exercises woven throughout the content to help you continually apply what you've learned to actual patient care. A conceptual care mapping approach — created by Yoost and Crawford themselves — further your ability to make clinical judgments and synthesize knowledge as you develop plans of care after analyzing and clustering related patient assessment data. All of this paired with a wealth of student-friendly learning features and clinically-focused content offers up a fundamentally different — and effective — way for you to easily master the fundamentals of nursing. - UNIQUE! Warm, friendly writing style slows down the pace of information to give readers time to critically think and master all fundamental concepts and skills. - UNIQUE! Building block approach groups topics and concepts together thematically, in the order needed for readers to build their knowledge. - UNIQUE! Objective-driven approach presents clearly defined, numbered objectives that coordinate with all content and then wrap up with Objective Summaries. - UNIQUE! Active learning activities are incorporated throughout every chapter to help readers learn to apply chapter content to broader nursing concepts and realistic patient scenarios. - UNIQUE! Conceptual care mapping is taught and used throughout the text in conjunction with the Conceptual Care Map Creator. - UNIQUE! Emphasis on QSEN reinforces the Quality and Safety Education for Nurses competencies, including: patient-centered care, teamwork and collaboration, evidence-based practice, quality improvement, safety, and informatics. - Special feature boxes cover the areas of: diversity consideration, evidence-based practice, informatics, patient education, healthy literacy, health assessment questions, interprofessional collaboration and delegation, ethical and legal practice, home care considerations, safe practice alerts, QSEN, critical thinking exercises, and nursing care guidelines. - NEW! Interprofessional collaboration and delegation content appears throughout the text along with new IPE activities that are integrated into the Evolve resources. - NEW & UNIQUE! Review and exam questions tied to learning objectives use a building-block style approach that starts at lower Bloom's taxonomy levels in early chapters and builds to more complex levels as readers acquire more knowledge. - NEW! Emphasis on assignment and delegation covers the differences between them and how and when they're appropriate for an RN. - NEW! Content on complementary therapies has been integrated throughout the text to reflect the changes to the NCLEX exam. - NEW! Additional information has been added in the areas of HCAHPS, Health Literacy, Patient Education,

Drugs of Abuse, Zika, Ebola, and more.

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Spirituality in Nursing: Standing on Holy Ground, Fifth Edition explores the relationship between spirituality and the practice of nursing from a variety of perspectives, including: * Nursing assessment of patients' spiritual needs * The nurse's role in the provision of spiritual care * The spiritual nature of the nurse-patient relationship * The spiritual history of the nursing profession * Contemporary interest in spirituality within the nursing profession This Fifth Edition includes a new chapter titled, *Prayer in Nursing* which includes information on topics such as the history of prayer in nursing, finding time for prayer in nursing, prayer and nursing practice, and the ethics of praying with patients. A second new chapter titled, *The Spirituality of Caring: A Sacred Covenant Model of Caring for Nursing Practice*, explores the history of spirituality in nurse caregiving and spiritual concepts in nursing theories of caring. A concept analysis of nurses' caring as a sacred covenant includes the Sacred Covenant Model of Caring for Nursing Practice, a model for clinical practice developed by the author.

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