

how to get back at your ex

How to Get Back at Your Ex: Navigating Feelings and Finding Closure

how to get back at your ex is a thought that often crosses the minds of those nursing the wounds of a breakup. It's natural to feel hurt, betrayed, or angry when a relationship ends, especially if it wasn't on your terms. However, channeling those feelings constructively rather than destructively can lead to personal growth and true healing. If you're wondering how to get back at your ex in a way that empowers you rather than drags you down, this article will explore healthier and more effective strategies to regain your confidence and sense of self-worth.

Understanding Why You Feel the Need to Get Back at Your Ex

Before diving into any actions, it's important to understand the emotional roots behind the desire for revenge or payback. Breakups can stir up a whirlwind of emotions—hurt, rejection, jealousy, and even humiliation. These feelings can make you want to retaliate as a way to reclaim control or to show your ex what they're missing.

However, acting on these impulses without thought can sometimes backfire, causing you more pain or prolonging the healing process. Instead, recognizing these feelings as part of your journey allows you to channel them into positive changes.

The Psychology Behind Revenge Post-Breakup

When relationships end, the brain experiences a kind of emotional withdrawal, similar to addiction. The desire to “get back” at an ex is often fueled by a need to restore self-esteem or to balance perceived wrongs. But research shows that revenge rarely brings the satisfaction people expect; instead, it often leaves individuals feeling emptier or more regretful.

Accepting this can be a powerful step toward seeking healthier ways to move forward.

How to Get Back at Your Ex Without Burning Bridges

If you're set on the idea of “getting back” at your ex, consider approaches that focus on self-improvement and dignity rather than manipulation or harm. Here are some effective ways to do that:

1. Focus on Self-Improvement and Growth

One of the most powerful ways to get back at your ex is to become the best version of yourself. This means dedicating time and energy to personal goals, hobbies, and self-care.

- **Physical health:** Start a new workout routine or improve your diet. Feeling good physically boosts confidence.
- **Emotional well-being:** Practice mindfulness, meditation, or therapy to process your feelings healthily.
- **Learning new skills:** Take a course, pick up a new hobby, or focus on career advancement.

Not only does this help you heal, but it also sends a subtle message to your ex that life goes on and you're thriving.

2. Cultivate a Strong Social Life

Rebuilding or expanding your social network can help you regain a sense of belonging and happiness independent of your past relationship. Surround yourself with positive influences and supportive friends who lift you up.

3. Practice the Art of Indifference

Sometimes, the best "revenge" is living well and showing no signs of bitterness. When your ex sees you moving on gracefully and without drama, it can be far more impactful than any petty retaliation.

Why Revenge Isn't Always the Answer

It's tempting to seek revenge after a painful breakup, but it's essential to consider the long-term effects. Revenge often leads to a cycle of negativity, prolonging emotional suffering for both parties.

How Revenge Can Backfire

Actions taken out of spite can damage your reputation, alienate mutual friends, or even lead to legal troubles in extreme cases. Moreover, focusing on revenge can keep you emotionally tethered to your ex, making it harder to move forward.

Redirecting Your Energy

Instead of plotting payback, redirect your energy towards goals that bring you lasting happiness. Whether that's traveling, building your career, or deepening meaningful friendships, these pursuits enrich your life far beyond any fleeting satisfaction revenge might provide.

Signs You're Ready to Move On

Knowing when to let go of the desire to get back at your ex is crucial for your emotional health. Here are some indicators that you're ready:

- You no longer think about your ex every day.
- You feel genuinely happy when you're alone or with new people.
- You're excited about your future and personal goals.
- You don't feel bitterness or anger when you hear about your ex.

Reaching this point means you've reclaimed your power in the healthiest way possible.

Healthy Alternatives to Getting Back at Your Ex

If you want to express your feelings or gain closure, there are constructive alternatives to revenge that can help you heal.

Write a Letter (But Don't Send It)

Writing down your thoughts and feelings can be cathartic. You can say everything you wish to your ex without causing harm. This process often brings clarity and relief.

Seek Support from Friends or a Therapist

Talking through your emotions with trusted friends or a mental health professional can provide perspective and coping strategies. Therapy, in particular, can guide you through complex feelings and help with rebuilding your self-esteem.

Engage in New Experiences

Trying new activities or traveling can shift your focus away from the past and toward exciting new chapters in your life.

Final Thoughts on How to Get Back at Your Ex

While the urge to get back at your ex is understandable, the most empowering way to do so is by focusing on yourself. Personal growth, emotional maturity, and living your best life are the ultimate forms of “revenge.” They not only help you heal but also demonstrate your strength and resilience. Remember, the goal isn’t to harm or belittle anyone but to reclaim your happiness and confidence. When you do that, the impact is far more profound and lasting than any fleeting act of retaliation.

Frequently Asked Questions

Is it healthy to try to get back at your ex?

No, seeking revenge on your ex is generally unhealthy. It can prolong negative feelings and prevent you from moving on. Focusing on self-growth and healing is a healthier approach.

What are some positive ways to cope after a breakup instead of getting back at your ex?

Engage in self-care, pursue hobbies, spend time with friends and family, seek therapy if needed, and focus on personal growth. These strategies help you heal and move forward positively.

Can getting back at your ex damage your reputation?

Yes, acts of revenge can harm your reputation and relationships with mutual friends or colleagues. It’s important to maintain dignity and handle breakups maturely.

How can I move on from my ex without seeking revenge?

Limit contact, remove reminders of the relationship, focus on new goals, practice mindfulness, and surround yourself with supportive people. Time and self-compassion are key to moving on.

Are there any legal risks associated with trying to get back at an ex?

Yes, some actions intended to get back at an ex, such as harassment, stalking, or damaging property, can have legal consequences. It’s important to avoid any behavior that could lead to legal trouble.

What motivates people to want to get back at their ex?

Feelings of hurt, betrayal, anger, and a desire for validation or closure often motivate people to seek revenge. Understanding these emotions can help in addressing them constructively.

How can focusing on self-improvement serve as a better 'revenge' than getting back at an ex?

Self-improvement allows you to regain confidence and happiness, demonstrating resilience and growth. It's a positive way to move forward and can be more satisfying than negative actions.

Additional Resources

How to Get Back at Your Ex: A Balanced Exploration of Motivations and Methods

how to get back at your ex is a phrase that often emerges in moments of emotional turmoil following a breakup. While the desire for retribution or to regain a sense of control is understandable, navigating this impulse requires a careful, well-informed approach. This article investigates the psychological underpinnings behind the urge to get back at an ex, explores various strategies people consider, and weighs the potential consequences of such actions. By adopting a neutral and analytical tone, this piece aims to shed light on this complex subject with the goal of informing readers rather than encouraging vindictive behavior.

Understanding the Motivation Behind Getting Back at Your Ex

The emotional aftermath of a breakup often includes feelings of hurt, betrayal, and sometimes anger. These emotions can fuel the desire to seek revenge or to "get back" at an ex-partner. Psychologically, this reaction is rooted in the need to restore one's self-esteem and to regain a sense of power that may have been lost during the relationship. Research in relationship psychology suggests that people who experience a significant emotional blow may engage in retaliatory behaviors as a coping mechanism.

However, it's important to distinguish between healthy coping strategies and actions that might cause further harm. While the phrase "how to get back at your ex" might suggest aggressive tactics, more constructive approaches often yield better long-term satisfaction and emotional healing.

Common Emotional Triggers After Breakups

- **Betrayal and Infidelity:** One of the most potent triggers, leading to strong desires for revenge.
- **Unresolved Conflicts:** Lingering arguments or misunderstandings can intensify emotional pain.
- **Loss of Control:** Breakups often leave individuals feeling powerless, motivating them to regain control.

- **Social Comparison:** Seeing an ex move on quickly can provoke feelings of jealousy and inadequacy.

Methods People Consider When Trying to Get Back at Their Ex

When exploring how to get back at your ex, it's crucial to analyze the different methods individuals may contemplate. These range from subtle psychological tactics to more overt behaviors. Each approach carries its own set of ethical considerations and potential consequences.

Subtle Psychological Strategies

Some individuals prefer indirect methods, aiming to affect their ex emotionally without explicit confrontation. These might include:

- **Improving Personal Appearance and Lifestyle:** Often termed the “glow-up,” enhancing one's physical and emotional wellbeing to demonstrate growth and independence.
- **Social Media Presence:** Curating posts that highlight happiness, success, or new relationships as a way to provoke jealousy.
- **Withholding Contact:** Using silence or reduced communication to create emotional distance and intrigue.

These strategies tend to be less destructive and can contribute to personal growth, but they also risk perpetuating emotional entanglement.

Direct Confrontation or Retaliation

More aggressive tactics might include:

- **Exposing Secrets or Personal Information:** Sharing private details to damage the ex's reputation.
- **Sabotage:** Interfering with the ex's social or professional life.
- **Public Humiliation:** Using social platforms or mutual acquaintances to embarrass the ex.

While these actions might provide short-term satisfaction, they often result in long-lasting negative repercussions, including legal consequences and damage to one's own emotional wellbeing.

Evaluating the Pros and Cons of Getting Back at Your Ex

A pragmatic approach to the question of how to get back at your ex involves weighing the benefits and drawbacks of such actions.

Pros

- **Temporary Emotional Relief:** Acts of revenge can provide an immediate sense of justice or empowerment.
- **Sense of Closure:** Some individuals find that taking action helps them move on.
- **Personal Growth Opportunities:** In cases where "getting back" involves self-improvement, this can lead to positive life changes.

Cons

- **Prolonged Emotional Turmoil:** Revenge often keeps both parties emotionally entangled, delaying healing.
- **Potential Legal Issues:** Actions such as harassment or defamation can have serious legal penalties.
- **Damage to Reputation:** Negative behaviors can impact social standing and future relationships.
- **Ethical and Moral Concerns:** Taking revenge may conflict with personal values, leading to guilt or regret.

Alternative Approaches to Moving Forward

Rather than focusing solely on how to get back at your ex, it is worth considering healthier alternatives that promote emotional recovery and personal empowerment.

Self-Improvement and Growth

Investing energy in self-care, pursuing new hobbies, or advancing career goals can transform the narrative from revenge to rejuvenation. Studies highlight that people who channel breakup energy into self-development tend to experience higher life satisfaction and better future relationships.

Therapeutic Interventions

Engaging with counseling or support groups can provide an outlet for processing emotions constructively. Therapy offers tools for managing anger and resentment without resorting to destructive behaviors.

Building a Support Network

Surrounding oneself with friends and family who provide empathy and perspective can reduce feelings of isolation and bitterness. Social support is a well-documented buffer against the negative emotional impacts of breakups.

The Role of Digital Behavior in Post-Breakup Dynamics

In the digital age, social media plays a significant role in how individuals seek to get back at an ex. Online platforms offer both opportunities and risks when used to communicate emotions or intentions post-breakup.

Using Social Media Strategically

Some users adopt the strategy of posting updates that subtly signal moving on, which can influence the ex's perception. However, this tactic should be balanced carefully to avoid appearing manipulative or desperate.

Risks of Online Retaliation

Engaging in online confrontations or sharing private information can escalate conflicts and lead to cyberbullying accusations. Digital footprints are permanent, and impulsive actions can have long-term consequences.

Legal and Ethical Considerations

When contemplating how to get back at your ex, it is essential to acknowledge the boundaries set by law and ethics.

Understanding Legal Limits

Acts such as harassment, stalking, or defamation can result in criminal charges or civil lawsuits. Awareness of these boundaries is crucial to avoid unintended legal troubles.

Ethical Reflections

Reflecting on personal values and the potential impact on all parties involved can guide decision-making towards more constructive solutions. Ethical considerations often promote actions that prioritize healing over retaliation.

Navigating the complex emotions and decisions around how to get back at your ex requires careful thought and a balanced perspective. While the immediate impulse might lean towards revenge, adopting strategies that foster personal growth and emotional resilience ultimately leads to more sustainable wellbeing. In a world where relationships and their endings are deeply intertwined with digital and social contexts, understanding the full scope of consequences — emotional, legal, and ethical — helps individuals move forward with dignity and self-respect.

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how to get back at your ex: You Can Get Your Love Back: Proven Ways to Stop Break Up and Win Back the Love of Your Life Jacob E. William, 2013-09-20 Everybody suffers when the love of their life decides to walk out on them. The pain they feel is inexplicable and cannot be felt from those who have never experienced their pain. So what are you left with when that happens? You feel that you and your ex had a special relationship together and that the breakup happened from a

careless mistake. You want to get back with your ex and you want to apologize to them. However, none of what you've done has worked. Maybe you're doing something wrong, or maybe you've not approached the situation properly. You want your ex to come back to you, but you don't know the proper way to do it. You want to produce results, but all your attempts have been useless. So what are you left to do? In this book, we will take a good look on the methods that you can take into getting your ex back into your life. Don't worry much about having to look for answers from different sources. This book will explain everything.

how to get back at your ex: Getting Back Together Linda Johnson, 2021 Considering getting back with an ex partner after a bad breakup can mean a lot of changes for both of you if you want to make the relationship work this time around. When one person has walked away from a relationship and then realizes they have made a mistake or would like to give it another shot, it may take a while for the relationship to get back on track due to the bruised ego of the other. It is important not to allow things to be the same as they were before you broke up the first time. If one of you has an explosive temper for example, hopefully the time away from each other has changed that kind of attitude. If one of you was a frivolous spender, hopefully you have learned that you need to get your finances in order before you decide to get back with your ex. Likewise, if it was your ex who was spending frivolously, would you be able to put up with that if they do not want to change? You must take into consideration all of these questions before you start trying to get back with your ex partner. If you are happy to make changes and will do anything to get him back; if you are serious about how much you miss him, then by all means, give it another chance.

how to get back at your ex: Good-Vs-Evil Anastacia Burrell, 2018-12-29 God is there to save you from harm. The devil can't take no more than you can't ever have in life on what you can have is yours in life who stands by the great waterfalls of life stands for ups and downs everything is meant for a reason because you wonder why your life is so block from others because something maybe missing in order to put common sense together which was unsaid and done that needs to be done. so you cherish the memory of that day of your life every stone you can ever take and every breath in your body, give it to god and glory and take a deep breath and praise God. Trials must be mistaken because whatever you do or whatever you did, it must be something or what you did needs to be fixed and prepared of a dislike compare to or a distance. A distance is a challenge, of course, or a state of mind. What people do for a living is the unit of life. It's the bad things that you do that makes trials go wrong and bad rather than right. One way it is or another, and one way it doesn't. What you do or what you don't do, you pick up the pieces of the puzzles and get it right on time, on the dot and line, and you take a piece of the pie—what you like and dislike and show and prove the way you want it. You talk about the good old times, and sometimes, it's about the wrong times of your life and the things you did in the past, whether it be good or bad in your wildest dream life. You take that and swipe your shoulders off. The greater it is, the badder it maybe. It can be fixable that same day or a couple of days a head. Trouble don't last always and not for long. That's how it works and what should be done, and you take it and fix everything that has been broken. You stand forward to that and be strong and have strength, and whatever that needs to be done and whatever that it is you can't do, you don't have to do it or put up with it. Be yourself and do all that you can do as possible, and that's all you can do. You cannot please everyone because it's gonna have a passing moment when you can do something or not and you will be tired of it. It also includes fatal attraction, breaking relationships, tragedies, boo thangs, lover and friends, blessings, curses, magic spells, cast of spells, Buddhism, voodoo, and many more.

how to get back at your ex: Win your love back! Digital World, 2025-04-13 ☐☐ Do You Still Love That Person? Discover How to Bring Your Love Back with Strategy, Emotion and Respect If your heart still beats for someone who has moved away, and you feel that this story has not yet come to an end, this e-book was made especially for you. Winning back a love is possible — as long as you understand the moment, respect the time and use the right attitudes to rekindle the connection. ☐ What you will find in this transformative guide: The main mistakes that drive away those we love — and how to avoid them. How to rebuild trust and attract the interest of the loved one again.

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how to get back at your ex: How to Bring Back a Lost Love Pílula Digital, 2024-01-22 Out of the blue, you lose your temper and break up with your boyfriend. However, some time passes and you end up regretting your attitude, after all, deep down in your heart you know that you still really love each other. But now that the 'shit' is done, is there any point in groveling after him? Or do you decide to humiliate yourself all the time by phoning or sending countless messages, even if he doesn't reply? I think you already know the answer to these questions by heart. But don't despair. Fortunately, there is a solution! In the pages of this book, you'll learn the correct step by step that will help you reverse all of this - and most importantly - without losing a single drop of your self-love.

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how to get back at your ex: How to Find New Love Tatiana Busan, 2023-02-06 Are you still single and want to find a man? Do you keep going out with men who aren't right for you? How many times have you met a man, only seen him for a few dates and then it was all over? HERE'S HOW TO FIND THE RIGHT MAN! Even if you're confused, frustrated or disappointed in men because of the failure of past relationships, there's no reason to stop dreaming of true love! A love story can end when you least expect it, the man you love can suddenly leave you, but there's no reason to hate love or believe that it doesn't exist. Don't convince yourself that it's better to never fall in love again! Many women, after the end of a relationship, give up on finding a new love. When love knocks on your door, open it and fall in love again, with a new man! Don't give up on love because of a broken heart or because you think it will cause you pain again. A breakup causes pain, but it doesn't take away your ability to love again. A breakup is like a door to another relationship that is more wonderful than the one before. How long it takes you to open that door is up to you. I'm about to show you how to find the right man and be able to have more men to choose from! This book is a great resource for all women who want to find, choose, and attract the right man! Here's what you'll find inside: • Why Do You Only Attract the Wrong Men? • How to Break the Cycle of Toxic Relationships • Do You Think You Don't Deserve Love? • Start Believing You Deserve Love! • How to Increase Your Positive Energy to Attract the Right Man • How to Manifest a New Love • Visualization is An Effective Technique for Attracting Love! • Past Hurts Are Keeping You from Attracting Love • How to Break Out of Old Patterns to Attract Love • What Is the Biggest Lesson You Have Learned from a Past Relationship? • How to See an Opportunity in Every Problem • How to Prepare for New Love • Why is It Important to Choose a Life Partner Wisely? • What Is the Exact Reason You Are Looking for A Man? • Discover Why Loving Yourself Is the Key to Attracting Love •

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how to get back at your ex: *Getting Past Your Breakup* Susan J. Elliott, 2009-05-05 A proven plan for overcoming the painful end of any romantic relationship, including divorce, with practical strategies for healing, getting your confidence back, and finding true love It's over--and it really hurts. But as unbelievable as it may seem when you are in the throes of heartache, you can move past your breakup. Forget about trying to win your ex back. Forget about losing yourself and trying to make this person love you. Starting today, this breakup is the best time to change your life for the better, inside and out. Through her workshops and popular blog, Susan Elliott has helped thousands of people transform their love lives. Now in *Getting Past Your Breakup*, she'll help you put your energy back where it belongs--on you. Her plan includes: The rules of disengagement: how and why to go no contact with your ex How to work through grief, move past fear, and take back your life The secret to breaking the pattern of failed relationships What to do when you can't stop thinking about your ex, texting, calling, checking social networking sites, or driving by the house

how to get back at your ex: *How to Heal After Heartbreak* Christopher Gottschalk, 2014
 It's not you, it's me. We've grown apart. I think we should start seeing other people. Whether it's because of trust issues, a bad fight, bad sex, or you can't put your finger on where it went wrong, breaking up is never easy. It leaves you sad, lost, confused, angry, or just plain lonely. You may even feel like you cannot function without your other half. You begin the endless list of questions What am I supposed to do with myself? Why am I not good enough? Was I too overbearing? Did I not give up enough? It's overwhelming and exhausting, and the only way to recover is to find the help to rebuild your strength and move on. *How to Heal After Heartbreak* helps mend your heart and put your life back on track. You will learn the fundamentals of relationships and why yours did not work out. You will get to know what to expect from heartbreak â€” betrayal, competition, self-attack, and denial â€” and how to best handle it. This book will work you through emotions and tell you how to avoid tantrums, threats, violence, and acts of revenge. Instead, you will learn to walk with grace as you choose the high road to emotional freedom. This comprehensive guide is bursting with tips and advice for coping and will walk you through the steps you need to get back on track and forget about what could have been.

We've spent dozens of hours interviewing psychologists and other experts to come up with proven methods of positive psychology to allow you to focus on what makes yourself, and your life, so amazing. We'll help you bypass the depression and bitterness that so many people struggle with when facing a breakup. With this helpful prescription to heal your heart, we'll bring the light back into your life, you'll learn the rules about your ex and moving on gracefully so that you can mend the pieces of your broken heart, and move on to a brighter and better you. Atlantic Publishing is a small, independent publishing company based in Ocala, Florida. Founded over twenty years ago in the company president's garage, Atlantic Publishing has grown to become a renowned resource for non-fiction books. Today, over 450 titles are in print covering subjects such as small business, healthy living, management, finance, careers, and real estate. Atlantic Publishing prides itself on producing award winning, high-quality manuals that give readers up-to-date, pertinent information, real-world examples, and case studies with expert advice. Every book has resources, contact information, and web sites of the products or companies discussed.

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how to get back at your ex: *How To Ruin Your Ex's Wedding* Denise Wells, 2019-09-01 I shoot war zones, not nuptials. But when my ex-wife lands a starring role in the wedding of the year, it's tempting to change things up a bit. Who's better than me to follow her around before and during the big day, capturing every picturesque moment, snapping every detail as they join together in wedlock? No one. Not to mention, she still owes me for destroying my prized vintage camera during our divorce. As the saying goes, revenge is a dish best served cold. Tropes: Billionaire Disguise Second Chance Jilted Bride Mistaken Identity Wedding Ex Returns Rom-Com

how to get back at your ex: *Soul Mates and Twin Flames* Kevin Hunter, 2013-11-27 Everyone is interested in love and relationships whether they like to admit it or not. Even the most hardened human soul has fantasized about having a love interest or a partner in crime. One of the main reasons you are here is to love and to learn how to love. This is not just in intimate relationships, but with everyone you come into contact with. In, *Soul Mates and Twin Flames*, author Kevin Hunter touches on the topic of love and relationships by passing on some of the messages and guidance he has received from his own Guides and Angels on the topic. Included in this informational book are some of the basics on, Soul Mates, Twin Flames, Dysfunctional Relationships, Reconnecting with an Ex, Karmic Relationships, Friendships, Loneliness, working with the Romance Angels, Dating, Relationships and more! This pocket book is part of a series of Warrior of Light books. Some of the content in all of the Warrior of Light pocket books are available in three bigger books called, *Warrior of Light: Messages from my Guides and Angels*, *Empowering Spirit Wisdom*, and *Darkness of Ego*.

how to get back at your ex: *Hoodoo and voodoo: secrets of folk magic, roots, witchcraft, mojo, conjuration, Haitian voodoo and New voodoo Orleans* , 2023-10-08 Introduction Hoodoo is a subject that has been around since Africans were brought to American shores as slaves and migrated across the country, sharing their magic and beliefs. The herbs and roots they used were amalgamated with other beliefs to form the practice we now know as Hoodoo. Many people think that Hoodoo is a religious practice, but the truth is exactly the opposite. Hoodoo is not based on the worship of gods, goddesses, or other formal deities. Instead, it is a way for people to practice folk magic using the most basic tools and ingredients. So, what relevance does Hoodoo have in today's society? Quite! Humans are beginning to understand what powers exist in nature and how to use them. The natural progression to magic and root-building rituals passed down in history seems inevitable. Understanding why some plants and herbs can attract good luck while others form a protective shield appeals to our personal sense of well-being. This type of magic and conjuration can

be performed by anyone who wants to try it, as long as they respect the power and learn to protect themselves from evil. This book contains everything you need to know to get the job done safely and powerfully. Learn the ancient craft of Hoodoo and see how it can change your life forever!

how to get back at your ex: Not Your Ex's Hexes April Asher, 2023-02-07 In April Asher's next Supernatural Singles novel, *Not Your Ex's Hexes*, a one-night-stand between a willful witch and a broody half-demon conjures an adventure that wouldn't be complete without several magical mishaps. For her entire life, Rose Maxwell trained to become the next Prima on the Supernatural Council. Now that she's stepped down, it's time for this witch to focus on herself. And not think about her impulsive one-night stand with Damian Adams, a half-Demon Veterinarian who she can't get out of her head. Neither of them is looking for a relationship. But when Rose is sentenced to community service at Damian's animal sanctuary it becomes impossible for them to ignore their sparking attraction. A friends-with-benefits, no feelings, no strings arrangement works perfectly for them both. After a sequence of dead-end jobs, it's not until Rose tangoes with two snarly demons that she thinks she's finally found her path. However, this puts Damian back on the periphery of a world he thought he left behind. He doesn't approve of Rose becoming a Hunter, but if there's one thing he's learned about the stubborn witch, it was telling her not to do something was one sure-fire way to make sure she did. Working—and sleeping—together awakens feelings Damian never knew he had...and shouldn't have. Because thanks to his ex's hex, if he falls in love, he'll not only lose his heart—but his humanity.

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