

help me get out of here

Help Me Get Out of Here: Navigating the Desire for Change and Escape

help me get out of here—these words can carry a multitude of meanings depending on the context. Whether spoken literally in moments of distress, or figuratively as a cry for change from a stagnant situation, this phrase resonates deeply with anyone who feels trapped, stuck, or overwhelmed. Life can sometimes place us in environments—be it a job, a relationship, or even a physical location—that prompt a desperate urge to break free. Understanding how to respond when you find yourself thinking, “help me get out of here,” is crucial for reclaiming control and pursuing a happier, healthier state of being.

Understanding the Feeling Behind "Help Me Get Out of Here"

Before diving into actionable steps, it's important to unpack what this plea really means. Often, the phrase is more than just a literal request—it's an expression of emotional or psychological confinement.

Emotional and Mental Traps

Many people say “help me get out of here” when they feel overwhelmed by stress, anxiety, or depression. These internal struggles can make even familiar surroundings feel like a prison. Recognizing these feelings is the first step toward healing. If your mind is clouded by negative thoughts or you feel stuck in a cycle of despair, acknowledging your need for change can be liberating.

Physical or Situational Constraints

Sometimes, “help me get out of here” is a literal call for assistance. Whether it's being stuck in a challenging or unsafe environment, feeling trapped in a toxic workplace, or enduring a controlling relationship, the physical or situational context can be suffocating. Identifying the specific factors that make you feel trapped will help you formulate a plan to escape.

Practical Steps to Help Me Get Out of Here

Once you understand the roots of your feelings, it's time to take proactive

measures. Here are some strategies that can help you move toward freedom and change.

Assess Your Situation Honestly

Self-reflection is vital. Take time to evaluate what exactly makes you want to get out. Is it your job? Your living situation? A relationship or social circle? Pinpointing the source allows you to address the problem directly instead of feeling lost or overwhelmed by vague dissatisfaction.

Reach Out for Support

You don't have to navigate this feeling alone. Confide in trusted friends, family members, or professionals. Sometimes, a fresh perspective or emotional support can illuminate options you hadn't considered before. If you're in a physically unsafe situation, contacting local authorities or organizations dedicated to helping people in crisis may be necessary.

Create an Exit Plan

Having a concrete plan can turn a desperate plea into actionable hope. Depending on your circumstances, this might involve:

- Looking for new job opportunities or career paths.
- Searching for alternative living arrangements.
- Seeking counseling or therapy for mental health support.
- Setting boundaries or planning to leave toxic relationships.

Breaking down the process into manageable steps reduces anxiety and makes the goal of "getting out" feel achievable.

Dealing with the Fear of Change

One of the biggest obstacles to acting on the desire to get out is fear. Whether it's fear of the unknown, failure, or loneliness, these feelings can keep you stuck longer than necessary.

Recognize Fear as Natural

Feeling scared is a normal response to uncertainty. Instead of fighting it, acknowledge it as part of the process. This mindset will help you move forward without being paralyzed.

Focus on the Benefits of Change

Remind yourself why you want to leave your current situation. Visualize the improved life or mental state you hope to achieve. Keeping your goals front and center can motivate you to push through fear.

Start Small

You don't have to make drastic changes overnight. Small steps—like updating your resume, reaching out to a counselor, or exploring new hobbies—can build momentum and confidence for bigger moves.

Using Technology and Resources to Help Me Get Out of Here

In today's digital world, there are many tools and resources available that can support your journey toward freedom.

Online Communities and Support Groups

Whether you're dealing with mental health, abusive relationships, or career dissatisfaction, online forums and social media groups can connect you with others who understand your experience. These communities often share advice, resources, and encouragement.

Apps and Tools for Mental Health

Mobile apps for meditation, anxiety management, and therapy can provide immediate relief and ongoing support. Utilizing these tools can help stabilize your emotional state as you work through your desire to get out.

Job Search Platforms and Educational Resources

If your goal is to escape a job or career that feels limiting, websites like LinkedIn, Indeed, or Coursera offer ways to explore new opportunities and gain skills that open doors to different paths.

When "Help Me Get Out of Here" Is a Call for Emergency Assistance

Sometimes, the phrase is a literal cry for help in dangerous or life-threatening situations. It's important to recognize when immediate action is necessary.

Identifying Crisis Situations

If you or someone you know is in physical danger, experiencing domestic violence, or facing an emergency, don't hesitate to seek immediate help. Contact emergency services, shelters, or hotlines designed to intervene quickly.

Safety Planning

For those in unsafe environments, creating a safety plan can be vital. This includes knowing where to go, who to contact, and how to leave quickly if needed. Organizations specializing in crisis intervention can help you develop these plans.

Changing Your Mindset: From Feeling Trapped to Feeling Empowered

A major part of overcoming the urge to say "help me get out of here" is shifting your perspective. Feeling empowered can transform your situation even before physical change is possible.

Practice Gratitude and Mindfulness

While it might sound counterintuitive, focusing on what you can appreciate in your current situation can reduce feelings of helplessness. Mindfulness exercises can help you stay present and reduce anxiety about the future.

Set Realistic Goals

Empowerment comes from progress. Set achievable goals related to your exit plan, and celebrate each milestone. This builds momentum and a sense of control.

Build a Support Network

Surrounding yourself with positive influences reinforces your strength. Whether through friends, mentors, or support groups, connection fosters resilience.

The phrase “help me get out of here” encapsulates a profound human experience—the longing to break free from discomfort, danger, or dissatisfaction. By understanding the emotions behind it, seeking support, making plans, and nurturing a positive mindset, you can transform this plea into a powerful catalyst for change. Whether your escape is physical, emotional, or psychological, hope and practical steps go hand in hand on the path to freedom.

Frequently Asked Questions

What does the phrase 'help me get out of here' commonly mean?

The phrase 'help me get out of here' is usually a request for assistance in leaving a place or situation that feels uncomfortable, unsafe, or undesirable.

How can I ask for help to get out of a difficult social situation?

You can politely excuse yourself by saying something like, 'I need to step out for a moment,' or directly ask a trusted friend for help by saying, 'Can you help me leave? I'm not feeling comfortable here.'

What are some safe ways to get out of a dangerous situation?

Stay calm, look for exits, avoid confrontation, call emergency services if possible, and seek help from bystanders or authorities.

Are there apps that can help me get out of an unsafe location quickly?

Yes, apps like SafeTrek, bSafe, and Noonlight provide safety features such as emergency alerts and location tracking to help users get out of unsafe situations.

How can I discreetly signal for help if I need to get out of somewhere without drawing attention?

You can use your phone to send a pre-arranged text message or use safety apps that send silent alerts to trusted contacts or emergency services.

What should I do if I feel trapped in a toxic work environment and want to get out of there?

Consider documenting incidents, seeking advice from HR or a mentor, exploring new job opportunities, and prioritizing your mental health while planning your exit.

Can body language help me get out of an uncomfortable conversation or place?

Yes, using closed body language, avoiding eye contact, and physically stepping back or turning away can signal your desire to leave and may prompt others to give you space.

What are some phrases I can use to politely get out of an awkward situation?

You can say things like 'Excuse me, I need to take a call,' 'I just remembered I have an appointment,' or 'It was great talking, but I need to head out now.'

How can I prepare myself mentally to get out of a stressful or overwhelming situation?

Practice deep breathing, have an exit plan in mind, remind yourself it's okay to leave, and focus on small steps to safely remove yourself from the situation.

Additional Resources

****Navigating the Urge: Understanding the Plea "Help Me Get Out of Here"****

help me get out of here is a phrase loaded with urgency and emotion, often

signaling a desire to escape an uncomfortable or even dangerous situation. Whether spoken literally in moments of distress or metaphorically in times of dissatisfaction, this plea resonates across a variety of contexts—from physical entrapment to psychological and social confinement. Exploring the multifaceted nature of this expression reveals important insights into human behavior, societal pressures, and available avenues for assistance.

The Psychological Dimensions of "Help Me Get Out of Here"

When individuals say "help me get out of here," it may reflect an internal struggle as much as an external one. Psychologically, this expression can be indicative of overwhelming stress, anxiety, or feelings of being trapped in circumstances they perceive as inescapable. For example, employees stuck in toxic work environments may experience burnout and a desperate need for change, often verbalizing the sentiment figuratively.

Research conducted by the American Psychological Association highlights that workplace dissatisfaction is a leading cause of mental health decline, with nearly 60% of adults reporting stress related to their jobs. In such scenarios, "help me get out of here" becomes a metaphorical cry for support, signaling a need for intervention—whether through counseling, career coaching, or organizational change.

Physical Entrapment and Emergency Situations

On a more literal level, the phrase "help me get out of here" is frequently associated with physical situations requiring immediate aid. These can range from natural disasters and accidents to kidnappings or being locked in confined spaces. Emergency responders and crisis management teams receive calls where this exact phrase is uttered, often under duress.

Modern technology plays a crucial role in facilitating quick responses. GPS tracking, emergency SOS features on smartphones, and real-time communication tools have transformed rescue operations. For example, the integration of emergency alert apps has increased the likelihood of swift assistance, reducing response times by up to 30% in urban areas.

Social and Cultural Implications

Beyond individual circumstances, "help me get out of here" can reflect broader social or cultural constraints. In some cases, individuals feel trapped by societal expectations, restrictive norms, or oppressive systems. This is especially pertinent in environments where freedom of expression is

limited or where marginalized groups face systemic barriers.

Analyzing social movements and personal narratives often reveals how this plea encapsulates a collective yearning for liberation. The global rise of campaigns advocating for human rights, mental health awareness, and workplace safety underscores a shared recognition of these invisible cages.

Role of Support Networks

Whether the entrapment is physical, psychological, or social, support networks emerge as critical factors in helping individuals break free. Family, friends, professional counselors, and community organizations can provide resources and emotional support to those expressing the need to escape.

Studies suggest that individuals with strong social support are 50% more likely to successfully navigate out of difficult situations. Moreover, online communities and forums have become virtual safe spaces where people can voice their struggles and seek advice anonymously, often leading to empowerment and actionable solutions.

Practical Strategies to Address the Plea

Understanding the context behind "help me get out of here" is essential to crafting effective responses. Here are some practical strategies tailored to different scenarios:

- **For Physical Emergencies:** Immediate contact with emergency services, use of location-sharing apps, and clear communication are vital.
- **For Mental Health Concerns:** Accessing therapy, support groups, and stress management resources can alleviate feelings of entrapment.
- **In Toxic Work Environments:** Seeking HR intervention, exploring job transitions, and developing new skills may facilitate escape.
- **Within Social or Cultural Constraints:** Connecting with advocacy groups, legal aid, and educational programs can empower change.

Technology's Role in Facilitating Escape

The digital age has introduced numerous tools to assist those wanting to get

out of difficult situations. Emergency alert systems, mental health apps, and career networking platforms provide avenues that were previously unavailable. However, accessibility and digital literacy remain challenges, especially in underprivileged communities.

Security concerns also surface when technology is involved. For instance, in cases of domestic abuse, digital footprints can sometimes expose victims to further risk, necessitating discreet and secure communication options.

Comparative Insights: Different Contexts, Similar Cries

To fully grasp the breadth of "help me get out of here," comparing its use across contexts is instructive. In hostage situations, this phrase is an explicit call for rescue, often coded or subtle to avoid detection. In contrast, in professional settings, it might be a candid admission of needing change, less urgent but equally significant.

The contrast extends to the response mechanisms:

- **Emergency Situations:** Immediate intervention by trained personnel.
- **Mental Health:** Ongoing support and therapy.
- **Workplace Dissatisfaction:** Career counseling and organizational reforms.
- **Social Oppression:** Advocacy, legal support, and societal transformation.

Understanding these distinctions aids in tailoring support and resources effectively.

Pros and Cons of Seeking Help

While expressing "help me get out of here" is a critical first step, it comes with its own set of challenges:

- **Pros:** Opens pathways for assistance, reduces isolation, and can catalyze positive change.
- **Cons:** Risk of stigma, potential backlash, and sometimes limited availability of effective support.

Encouraging environments where such pleas are met with empathy and action is crucial to overcoming these barriers.

As the phrase "help me get out of here" continues to resonate in various facets of life, recognizing its underlying messages and responding appropriately remains a priority for individuals, communities, and institutions alike. Whether literal or figurative, this call underscores a fundamental human desire for safety, freedom, and well-being.

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help me get out of here: EBook: Social Psychology 3e David Myers, Jackie Abell, Fabio Sani, 2020-08-21 Social psychology has a profound influence on our everyday lives; from our shopping habits to our interactions at a party. It seeks to answer questions that we often think and talk about; questions such as: - What circumstances prompt people to help, or not to help? - What factors influence the ups and downs of our close relationships? - Why do some people behave differently when on their own compared to in a group? - What leads individuals sometimes to hurt, and other times to help one another? - Why are we attracted to certain types of people? - How do some persuade others to do what they want? This new edition of Social Psychology has been revised to introduce a more flexible structure for teaching and studying. It includes up-to-date, international research with an emphasis throughout on its critical evaluation. Applied examples across the chapters help to highlight the relevance, and hence the impact, that the theories and methods of this fascinating subject have upon the social world. Key Features Include: - Research Close-Up: Following a brand-new style, this feature matches the layout used in research papers, providing an accessible introduction to journal articles and the research methods used by social psychologists. - Focus On: Fully revised, these boxes look at opposing viewpoints, controversial research or alternative approaches to the topics. This offers a more critical outlook and prompts the questioning of the validity of published research - Recommended Readings: New to this edition, recommended further readings of both classic and contemporary literature have been added to each chapter, providing a springboard for further consideration of the topics. Connect Psychology is McGraw-Hill's digital learning and teaching environment. Students - You get easy online access to homework, tests and quizzes designed by your instructor. You receive immediate feedback on how you're doing, making it the perfect platform to test your knowledge. Lecturers - Connect gives you the power to create auto-graded assignments, tests and quizzes online. The detailed visual reporting allows you to easily monitor your students' progress. In addition, you can access key support materials for your teaching, including a testbank, seminar materials and lecture support. Visit: <http://connect.mcgraw-hill.com> for more details. Professor David N. Myers holds the Sady and Ludwig Kahn Chair in Jewish History. As of fall 2017, he serves as the director of the Luskin Center for History and Policy. He previously served as chair of the UCLA History Department (2010-2015) and as director of the UCLA Center for Jewish Studies (1996-2000 and 2004-2010). Dr Jackie Abell is a Reader in Social Psychology with the Research Centre for Agroecology, Water and Resilience, based at Coventry University, UK. Her current areas of research interest include the application of

social psychology to wildlife conservation and environmental issues to facilitate resilience and sustainable development, place attachment and identity, social cohesion and inclusion. Professor Fabio Sani holds a Chair in Social and Health Psychology at the University of Dundee. His general research interest concerns the mental and physical health implications of group processes, social identity and sense of belonging. He has been an associate editor of the European Journal of Social Psychology.

help me get out of here: *The Curtain Rises* Susan G. Shapiro, Ronald Shapiro, 2004-02-04 Much has been written about how the authoritarianism of the Communist era gave way to more open societies in the former Soviet bloc countries, yet little has been said about how individuals in these countries have been affected and how they contributed to the changes in their societies. How does the relationship between husband and wife change when planned economy gives way to financial incertitude? When all are free to speak their minds publicly, are children more likely to do so at home or at school? How do the elderly adjust to new laws and fewer pensions? This book describes, in their own words, the lives of everyday people in Romania, Hungary, the Czech Republic, Lithuania, and the Former Yugoslav republic of Macedonia as they struggled under Soviet domination, as they endured the revolutions in their respective countries, and as they now adapt to a free world society. These individuals, struggling with philosophical, political, educational, cultural, and spiritual adjustments, are entrepreneurs, political activists, scientists, and teachers. They are assuming leadership roles in local politics and implementing reforms in the schools. The book includes photographs, maps, and short introductory national histories.

help me get out of here: *Last Star Burning* Caitlin Sangster, 2017-10-10 "Rich and timely." —Aprilynne Pike, #1 New York Times bestselling author "Incredibly immersive." —Kirkus Reviews "A gripping tale of trust." —Booklist To escape execution for a crime she didn't commit, sixteen-year-old Sev is forced to run away from the only home she's ever known in this "richly imagined" (BCCB, starred review) post-apocalyptic debut novel from Caitlin Sangster. Sev is branded with the mark of a criminal—a star burned into her hand. That's the penalty for being the daughter of the woman who betrayed their entire nation. Now her mother's body is displayed above Traitor's Arch, kept in a paralyzed half sleep by the same plague that destroyed the rest of the world. And as further punishment, Sev is forced to do hard labor to prove that she's more valuable alive than dead. When the government blames Sev for a horrific bombing, she must escape the city or face the chopping block. Unimaginable dangers lurk outside the city walls, and Sev's only hope of survival lies with the most unlikely person—Howl, the chairman's son. Though he promises to lead her to safety, Howl has secrets, and Sev can't help but wonder if he knows more about her past—and her mother's crimes—than he lets on. But in a hostile world, trust is a luxury. Even when Sev's life and the lives of everyone she loves may hang in the balance.

help me get out of here: *The Shadow Self in Film* Gershon Reiter, 2014-01-23 This book examines 13 movies that deal with the protagonist and his projected other. The cinematic Other is interpreted as an unconscious personality, a denied part of the protagonist that appears in his life as a shadowy menace who won't go away. Devoting a chapter to each movie, the book starts with Mamoulian's *Dr. Jekyll and Mr. Hyde* and three cinematic pairs: two Hitchcock films, *Shadow of a Doubt* and *Strangers on a Train*; two versions of *Cape Fear*, J. Lee Thompson's 1962 original and Martin Scorsese's 1991 remake; and a pair of Clint Eastwood films, *In the Line of Fire* and *Blood Work*. The book then examines *Something Wild*, *Sea of Love*, *Fight Club*, *Desperately Seeking Susan*, *Apocalypse Now* and *The Lives of Others*. Overall the book aims to show how movies envision the unconscious Other we all too often project on other people.

help me get out of here: *The Garden of Bewitchment* Catherine Cavendish, 2020-02-20 Cavendish draws from the best conventions of the genre in this eerie gothic novel about a woman's sanity slowly unraveling within the hallways of a mysterious mansion. - Publishers Weekly Don't play the game. In 1893, Evelyn and Claire leave their home in a Yorkshire town for life in a rural retreat on their beloved moors. But when a strange toy garden mysteriously appears, a chain of increasingly terrifying events is unleashed. Neighbour Matthew Dixon befriends Evelyn, but seems to have more

than one secret to hide. Then the horror really begins. The Garden of Bewitchment is all too real and something is threatening the lives and sanity of the women. Evelyn no longer knows who - or what - to believe. And time is running out. FLAME TREE PRESS is the new fiction imprint of Flame Tree Publishing. Launched in 2018 the list brings together brilliant new authors and the more established; the award winners, and exciting, original voices.

help me get out of here: Seeds of Doubt Christopher Lapides, 2014-02-02 I just don't know. Nobody told him that the world could be so cruel, that men could be filled with such hate and corruption. Now, Druzeel doesn't know what to think. As he struggles with these new revelations, he is not even sure what to believe. But he clings to hope, hope that not everyone is as bad as those around him, that there are others who fight for good and justice and are not just looking for ways to gain more power by any means necessary. As he fights his way through crooked guards, shadowy thieves, and dangerous orcs, he clings to his faith that his companions will hear him and turn toward the light, but it may be hard to convince them when they turn their anger and hatred on him. A man can only take so much abuse. Druzeel does not know how much restraint he has left. Can he hold his anger back and continue to believe in the power of good? Or will his traveling companions force him to do something unthinkable to defend his honor? The only thing he is sure of is not being sure of anything.

help me get out of here: Electro Elise Brassell, 2020-08-17 Electro: Book One - The Thunder Series By: Elise Brassell Electro is your average high school girl with average high school worries, except for her ability to control lightning and run at super speeds. Along with her super-powered friends, a shape-shifter and a water manipulator, Electro will have to come out of her shell, learn who she truly is, and find her place in the world. With danger at every turn, she will need to make difficult decisions on whom they can trust. Written in an unconventional style for a coming-of-age, superhero story, Electro has something for everyone who enjoys an adventure and a good story.

help me get out of here: Memoir of Shadows Darren Hollinshead, 2010-05-14 A story of a man, he came to the edges of space to live life. He worked and made friends, he was like any other person in the galaxy. His entire world changed, his nightmares came to life. He saw everything he worked for fall to pieces. His story begins here. He will be forced on an adventure, that he wanted no part of. Will be followed up by, Memoir of Shadows Revelations. A rewrite will be done to correct mistakes. Let me know through the contact info if you find any.

help me get out of here: Magic Sacrificed Elizabeth Kirke, A sacrifice must be made... I've never felt more alone. With a single spell I can defeat the dark witch Alaria. Maybe even save the world. But I only get one chance; if I fail she'll kill me and my friends will become her sacrifices. To make things worse, Alaria is cunning and manipulative. The longer I stay under her influence, pretending to be one of her disciples, the easier I find the role. And blood magic is as frightening as it is powerful. Thomas and the others are here - so close, yet so far. I can't risk letting them know it's me. One wrong move and we're all dead. The clock is ticking, but I haven't figured out how to make my move. Then, disaster strikes and we find ourselves in the middle of a bloodbath. I have to stop Alaria now, before she slips away and all of this ends up being for nothing. The only question... do I destroy the source of her terrible power or will I need it to save everyone I love? Magic Sacrificed is the ninth and final book in the Urban Fantasy series, More than Magic, featuring dark witches, vampires, elementals, and more. If you like your paranormal with a dash of thriller and characters you'll fall in love with, you'll want to grab the edge-of-your-seat conclusion today!

help me get out of here: Seven Sleeper Series Gilbert Morris, 1997-05-01 This set includes all ten books of the Seven Sleeper Series: Flight of the Eagles, The Gates of Neptune, The Sword of Camelot, The Caves Time Forgot, Winged Raiders of the Desert, Empress of the Underworld, Voyage of the Dolphin, Attack of the Amazons, Escape with the Dream Maker, and The Final Kingdom. Go with Josh and his friends as they are sent by Goél, their spiritual leader, on dangerous and challenging voyages to conquer the forces of darkness in the new world. Ages 10-14.

help me get out of here: Into the Fire A.C. Watson, 2024-02-28 About the Book In Into the Fire, we meet a young man who endured abuse as a boy and found his own way to deal with the pain

and shame of it. He begins to seek out people who prey on the weak and makes them pay the ultimate price for their sins. He has a special way to dispose of the evidence and takes a particular joy in watching it. Into the Fire shows the reader that nothing is impossible to overcome, no matter how you choose to deal with the pain, and life can shine light on the darkest side of ourselves. About the Author A.C. Watson grew up on the southeast coast of North Carolina. An avid reader, lifelong surfer, and lover of the outdoors, he has read books in almost every genre and has a particular love of crime and mystery books. His favorite authors include Robert Ludlum, Stephen King, Lee Child, and Madeleine L'Engle, and is also a fan of some upcoming authors, including Liz Lawson, Dante Medema, Tara Jade Brown, and Keeley Webb. A.C. currently lives in Southeastern Minnesota with his wife and their gray tabby fur baby, Purls. He began his healthcare career as a patient care assistant, and is currently working in sports medicine and orthopedics. He is currently working on a partner novella to Into the Fire and three other books, including a mystery and two children's books.

help me get out of here: Origin (The Secret of the Golden Gods, Book 1) Pedro Urvi, Book One in the international bestselling ScienceFiction-Fantasy series. Prequel series to the bestselling The Ilenian Enigma that has reached: ***** Nº1 Sword & Sorcery***** ***** Nº1 Action &Adventure***** A dystopian fantasy action adventure for all ages. An epic adventure full of action in an amazing dystopian world. Join thousand of readers from all over the world in this thrilling experience. An epic adventure in a breathtaking universe. Science Fiction, fantasy, magic, in a never seen before dystopian setting. Discover a fascinating world ruled by merciless Gods. Join the slaved people of the seas in their quest for freedom and survival. Entrancing characters you will love. Experience an exotic world, mystery, and non stop action. A story with intense romance and passionate characters. Sword fight, magic, thrill, in a coming of age story of love and honor. Synopsis: In a dystopic world, the Senoca, the People of the Sea have been enslaved by the Golden Gods. They live within the limits of the Boundary, for only one purpose: produce for the Gods or die. Kyra, a seventeen-year-old girl, is selected, along with other young girls, and taken to the Gods. Her brother Ikai will move heaven and earth to find her. They will fight for survival, confronting a society constituted to serve the masters, and even the Gods themselves in their eternal dwelling. A story of love, survival, sacrifice, and the fight for freedom. About this series: ·Genre: Dystopian, fantasy, sword and sorcery, action adventure, coming of age. ·Audience: Middle-grade, teen, young adult, adult. ·Setting: Continent in quasi-medieval times, Gods and magic users. ·Reader age: 10+ ·Explicit language: None ·Completeness: Completed. It is a 3 book adventure. ·Similar/influenced by: Dragonlance, Lord of the Rings, Hunger Games, Harry Potter... The Golden Gods: ORIGIN (Book #1) REBELLION (Book #2) REBIRTH (Book #3) A saga that will keep you gripped! An amazing adventure awaits!

help me get out of here: The Forgotten Life of Arthur Pettinger Suzanne Fortin, 2021-03-04 'This story has great depths of emotion, highs and lows, and I found it utterly gripping!' Christina Courtenay 'A deeply moving story of love in all its forms - I adored it' Mandy Baggot The secrets of the past won't remain hidden forever... Arthur Pettinger's memory isn't what it used to be. He can't always remember the names of his grandchildren, where he lives or which way round his slippers go. He does remember Maryse though, a woman he hasn't seen for decades, but whose face he will never forget. When Arthur's granddaughter, Maddy, moves in along with her daughter Esther, it's her first step towards pulling her life back together. But when Esther makes a video with Arthur, the hunt for the mysterious Maryse goes viral. There's only one person who can help Maddy track down this woman - the one that got away, Joe. Their quest takes them to France, and into the heart of the French Resistance. When the only way to move forwards is to look back, will this family finally be able to? Perfect for fans of Kate Morton, Lucinda Riley, Karen Swan and Lorna Cook Readers love The Forgotten Life of Arthur Pettinger! 'Five stars' Poppy Alexander 'Fantastic read. I have been completely unable to put this one down. I cannot wait to read more by this author.' NetGalley Reviewer, 5 stars 'This is a beautiful account that stops you dead in your tracks.' NetGalley Reviewer, 5 stars 'This book is the love story to end all love stories... I was hooked by the end of the first chapter and I didn't want to put this book down.' NetGalley Reviewer, 5 stars 'This book broke

my heart in all the right places. OMG masterfully written... I could not put this down. Loved everything about this book. Happiness, tears, it had it all.' NetGalley Reviewer, 5 stars 'What a read... Beautifully written with the depth and warmth of true love. I could not put this book down. Exceptionally intriguing.' NetGalley Reviewer, 5 stars

help me get out of here: Miraibanashi the Trilogy James Litherland, 2017-11-06 In this dystopian future Japan, a few brave souls take on a corrupt system—from the inside. In the shadow of Mt. Fuji, the oppressive Batsu government controls the rebuilding of a devastated country, bestowing boons on privileged citizens while leaving the rest to fend for themselves on the fringes. After a disastrous job ends with Batsu enforcers hunting him, reformed thief Roshike runs—right into the heart of their regime, the fortified Gaku complex, to take on an almost impossible task. And he just might stand a slim chance of success, if only he'll accept some help. But first he has to figure out who to trust. An unusual revolution has begun... Get all 3 novels of adventure and revolution in 1 huge volume! (*Contains the complete text of Miraibanashi Book 1: Code of the Kyoushi, Book 2: Enemies of the Batsu, and Book 3: Endurance of the Free.)

help me get out of here: The Boson Experiment and Earths End Bryan Whelan, 2016-10-12 Here are two more stories about earths future. One is in the near future and the other as far in the future as Earth can get. The Boson Experiment was the brainchild of Abby McGovern, who was trying to create an artificial black hole. Her world was turned upside down when she met someone who was her direct opposite, a ghost hunter. The two never imagined that they would both eventually be chasing the same thing. In Earths End, the Earth is about to be swallowed up by the now-expanding sun. Only three religions still survived, and science was one of them. The two religions, Christianity and Islam, accepted that this was the end of the human race and readied themselves to meet their makers. Science instead proposed leaving Earth and traveling to a distant planet as the last hope for humanity. Just how will they survive the journey for so many years? Will the human race live long enough to reach this new world?

help me get out of here: The Journey Home Robert Butler, 2008-11-19 The Journey Home is the story of two young lovers in the 1890's who run away to get married but are pursued by a family friend. It is the journey home that brings the three together, creating a friendship amidst the trials and adventures that they face together along the trail. Tragedy, pain, joy, and all the emotions of life change them from teenagers into adults as they travel. It is a story that will touch your heart, make you laugh, and remind you that life is for living, not just existing.

help me get out of here: Tempt (The Pteron Chronicles #2) Alyssa Rose Ivy, 2018-01-25 Some flames are eternal... As if being one of the few female Pterons wasn't hard enough, now Hailey is a hybrid. She doesn't have time to even accept her new lightness nature before she's tasked with saving the only world she's ever known. Wyatt will do anything to help Hailey—that is if he can adjust to major changes of his own. With the fate of humanity hanging in the balance they must accept a challenge beyond any they have ever faced. *New Adult Paranormal Romance*1

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close in, Toury must make her own harrowing choices to control her own destiny, and if she must, all of Fyr's. In this conclusion to Alex and Toury's love story, they will face horrors beyond their wildest nightmares. Will they be able to heal a fractured kingdom, or will all turn to ash and ruin? Authors 4 Authors Content Rating This title has been rated 17+, appropriate for older teens and adults, and contains: • moderate language • frequent intense violence • intense implied sex • mild alcohol use • domestic abuse • forced abortion • forced marriage • attempted suicide For more information on our rating system, please, visit our Content Guide at: www.authors4authorspublishing.com/books/ratings

help me get out of here: His Brother's Lover Lisa Morgan, 2024-06-23 Angela Cartwright, a beautiful, young woman whose family returns to Lake Mont, Texas, becomes embroiled in a battle between good and evil. Angela becomes possessed by the ghost of Lizzy Trahan, Travis' lascivious sister who compels Angela to do things she never would have dreamed of doing . . . until she did. The first young man Angela falls in love with is Travis who has a secret past. Through his own guilt and depression from his sister's death, he lacks the urgency to consummate their love. Getting no satisfaction, she begins passionate love affairs with two brothers, Jarrod and Jason Marziotti. Unaware their father is a member of the Web, she is marked for assassination. Fleeing from her assassin, Angela falls into the strong arms of Cody Chilton who has returned to Lake Mont to solve the mystery of his missing brother. These men did not envision the hell they would endure, but were all certain that Angela was worth the price they would pay to have her in whatever way they could. Wealthy people and well-bred racehorses add a touch of southern-style and a feeling that dreams still come true and the good guy (or girl) can win against all odds.

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