

dr wayne dyer power of intention

****Unlocking the Secrets of Dr Wayne Dyer Power of Intention****

dr wayne dyer power of intention is a concept that has inspired millions around the world to live more purposeful and fulfilling lives. Dr. Wayne Dyer, a renowned self-help author and motivational speaker, introduced the power of intention as a fundamental force that shapes our reality. Unlike mere wishful thinking, intention according to Dyer is a dynamic energy that when harnessed correctly, aligns us with our highest potential and deepest desires.

Understanding the Essence of Dr Wayne Dyer Power of Intention

At its core, Dr Wayne Dyer's power of intention is about consciously creating your life by focusing on your thoughts, beliefs, and emotions. It's not just about setting goals or visualizing outcomes; it's about embodying the mindset and vibration of the outcomes you want to attract. Dyer emphasized that intention is an invisible force present in the universe, and by tuning into that force, we can manifest positive changes.

What sets this philosophy apart is the idea that intention is a state of being rather than just a fleeting thought. When you live with intention, you become more aware of your choices, your purpose, and your connection to something greater than yourself. This holistic approach encourages personal empowerment and spiritual growth simultaneously.

The Science and Spirituality Behind Intention

Dr Wayne Dyer power of intention bridges the gap between science and spirituality by highlighting the role of consciousness in shaping reality. Quantum physics has shown that observation itself can influence the behavior of particles, suggesting that human consciousness might play a role in the material world. Dyer's teachings echo this by proposing that our focused intentions can create tangible effects.

On the spiritual side, intention is seen as aligning with universal laws—such as the law of attraction—which states that like attracts like. When your thoughts and emotions vibrate at the frequency of your intention, you attract circumstances and opportunities that resonate with that vibration.

How to Harness the Power of Intention in Daily Life

Applying the power of intention in everyday life requires more than just positive thinking. According to Dr Wayne Dyer, it involves cultivating awareness and aligning your inner world with your external goals. Here are some practical steps to begin:

1. Clarify Your Intentions Clearly

Be specific about what you want to manifest. The clearer your intention, the more focused your energy becomes. Instead of vague wishes like “I want to be happy,” try “I intend to cultivate joy and gratitude in my daily interactions.”

2. Visualize and Feel Your Intention

Visualization is powerful because it engages your emotions along with your mind. Picture yourself living the reality you desire. Feel the emotions associated with achieving your intention, such as excitement, peace, or love. This emotional charge amplifies your energetic signal.

3. Release Resistance and Negativity

Often, subconscious doubts and fears block the flow of intention. Dr Wayne Dyer emphasized the importance of letting go of limiting beliefs and negative self-talk. Practicing forgiveness, meditation, or affirmations can help clear these blocks.

4. Take Inspired Action

Intention without action is incomplete. When you’re aligned with your intention, you’ll naturally feel drawn to take steps that support your goals. These actions might be small but consistent, guided by intuition rather than force.

5. Trust the Process

Patience and trust are essential. Sometimes manifestations happen in unexpected ways or timing. Believe that the universe is working in your favor even if immediate results aren’t visible.

The Role of Self-Awareness and Mindfulness

Dr Wayne Dyer power of intention intertwines deeply with self-awareness. Being mindful of your thoughts and emotions helps you steer your intentions consciously. Mindfulness practices, such as meditation or journaling, can enhance your ability to tune into your true desires and recognize when you’re drifting off course.

By cultivating this inner awareness, you become less reactive to external circumstances and more proactive in designing the life you want. This shift from victimhood to creator is at the heart of Dyer's message.

Common Misconceptions About the Power of Intention

Many people confuse the power of intention with wishful thinking or magical thinking. While intention is powerful, it's not about sitting back and expecting miracles without effort. It's a dynamic interplay between mindset, emotion, energy, and action.

Another misconception is that intention guarantees instant success or eliminates challenges. In reality, obstacles are part of growth and often serve as lessons. The power of intention helps you navigate these challenges with resilience and clarity.

Insights from Dr Wayne Dyer's Teachings

Dr Wayne Dyer's books, such as **The Power of Intention: Learning to Co-create Your World Your Way**, delve deeply into how intention works and how to live in harmony with it. One of his key insights is that intention is not about forcing outcomes but about aligning with your authentic self and the greater good.

He also emphasized that when you intend from a place of love, kindness, and generosity rather than fear or scarcity, your manifestations tend to be more fulfilling and lasting. This compassionate approach to intention elevates it beyond personal gain to a universal principle of interconnectedness.

Integrating Intention with Other Personal Growth Tools

To maximize the benefits of Dr Wayne Dyer power of intention, consider combining it with other personal development practices:

- ****Affirmations:**** Repeating positive statements reinforces your intentions at a subconscious level.
- ****Gratitude:**** Focusing on what you're grateful for raises your vibration and attracts more positivity.
- ****Goal Setting:**** Break down your intentions into actionable and measurable steps.
- ****Energy Healing:**** Practices like Reiki or chakra balancing can clear energetic blockages that hinder intention flow.

These complementary tools create a supportive environment for your intentions

to flourish.

Real-Life Transformations Through the Power of Intention

Many individuals have shared inspiring stories of how embracing Dr Wayne Dyer power of intention transformed their lives. From overcoming health challenges to finding career success and deepening relationships, the intentional mindset has been a catalyst for profound change.

What these stories have in common is the recognition that intention is not about controlling life but about co-creating with it. When you align your thoughts, feelings, and actions with your highest good, life tends to unfold in unexpected and rewarding ways.

The Ongoing Journey of Living Intentionally

Living with the power of intention is an evolving practice. It requires continual self-reflection, adjustment, and openness to growth. As you deepen your understanding, you'll find that intention becomes less about achieving external goals and more about embodying a state of peace, purpose, and presence.

Dr Wayne Dyer power of intention invites us to awaken to our creative potential and remember that we are active participants in the unfolding story of our lives. This realization can bring a profound sense of empowerment and joy that transcends circumstances.

Whether you are new to these ideas or have explored them for years, embracing the power of intention offers a pathway to a richer, more meaningful existence. It's not just a technique but a way of being that transforms how you relate to yourself, others, and the world at large.

Frequently Asked Questions

Who is Dr. Wayne Dyer and what is his book 'The Power of Intention' about?

Dr. Wayne Dyer was a renowned self-help author and motivational speaker. His book 'The Power of Intention' explores how individuals can harness the power of their intentions to create a fulfilling and successful life by aligning thoughts, feelings, and actions with a higher universal energy.

What is the main concept behind 'The Power of Intention' by Dr. Wayne Dyer?

The main concept is that intention is a powerful force that can influence reality. By setting clear, positive intentions and aligning oneself energetically, a person can manifest their desires and attract positive outcomes into their life.

How does Dr. Wayne Dyer suggest one can harness the power of intention?

Dr. Wayne Dyer suggests harnessing the power of intention through mindfulness, affirmations, visualizations, and cultivating positive emotions like gratitude and love, which align personal energy with the universal source of intention.

Can the power of intention help in overcoming negative thoughts and habits?

Yes, according to Dr. Wayne Dyer, by consciously directing your intentions towards positive outcomes and maintaining awareness, you can replace negative thought patterns and habits with empowering beliefs and actions.

Is the power of intention related to the law of attraction?

Yes, Dr. Wayne Dyer's concept of the power of intention is closely related to the law of attraction, as both emphasize the idea that focused thoughts and intentions attract corresponding experiences and realities.

What role does spirituality play in 'The Power of Intention'?

Spirituality is central to the book, as Dr. Wayne Dyer presents intention as a universal energy or force that connects all beings, encouraging readers to connect with this higher power to manifest their desires and live authentically.

How can beginners start applying the principles from 'The Power of Intention'?

Beginners can start by practicing daily affirmations, setting clear goals, meditating to focus their mind, and cultivating gratitude to align their intentions with positive energy, as recommended by Dr. Wayne Dyer.

Are there any criticisms of Dr. Wayne Dyer's 'The Power of Intention'?

Some critics argue that the book oversimplifies complex life challenges by suggesting that intention alone can change circumstances, and that it may understate the importance of practical actions and external factors in achieving success.

Additional Resources

****Dr. Wayne Dyer Power of Intention: Unlocking the Secrets to Manifesting Your Desires****

dr wayne dyer power of intention has become a cornerstone concept in the realm of self-help and personal development literature. Dr. Wayne Dyer, a renowned motivational speaker and author, introduced this transformative idea in his influential book **The Power of Intention**, which has since inspired millions worldwide. Unlike conventional goal-setting methods, Dyer's approach emphasizes aligning one's thoughts, emotions, and beliefs with a universal energy—intention—that shapes reality. This article takes an analytical look at the core principles behind Dr. Wayne Dyer's power of intention, its psychological and spiritual implications, and how it compares to other popular manifestation techniques.

Understanding the Core Concept of Power of Intention

At its essence, Dr. Wayne Dyer power of intention proposes that intention is not merely a mental act but a potent force that orchestrates the unfolding of life experiences. Dyer posits that intention is “a force in the universe that allows the act of creation to take place.” This goes beyond setting personal goals or desires; it involves consciously tuning into a higher frequency of energy that connects all beings.

The power of intention is described as both a creative and receptive energy. On one hand, it involves consciously directing thoughts and feelings toward a desired outcome. On the other, it requires openness to receive and cooperate with the natural flow of the universe. This dual nature distinguishes Dyer's framework from traditional law of attraction models that often focus solely on positive thinking.

The Psychological Foundations

From a psychological standpoint, power of intention aligns with concepts in

cognitive-behavioral theory and positive psychology. Intentionality influences motivation and emotional regulation, which subsequently affects behavior and outcomes. Research indicates that individuals with a clear sense of purpose and intention tend to exhibit greater resilience and goal attainment.

Dyer's approach encourages the cultivation of intention through practices such as mindfulness, visualization, and affirmations. These techniques serve to reprogram subconscious beliefs and reduce internal resistance—barriers that often derail progress. By fostering a mindset rooted in intention, individuals can reorient their cognitive framework toward constructive patterns.

Spiritual Dimensions and Universal Energy

The spiritual aspect of the power of intention is integral to Dr. Wayne Dyer's teachings. He often references ancient philosophies and metaphysical traditions that emphasize interconnectedness and the omnipresence of a creative source. Intention, in this context, is viewed as a channel through which this universal energy manifests form.

This spiritual perspective resonates with many who seek meaning beyond material success. By tapping into the power of intention, practitioners report heightened intuition, synchronicities, and a deeper sense of alignment with life's purpose. It shifts the locus of control from external circumstances to a harmonious co-creation with the universe.

Key Principles of Dr. Wayne Dyer's Power of Intention

Dyer outlines several foundational principles that underpin the power of intention. Understanding these can help individuals apply the concept more effectively in their lives:

1. Intention is a Force, Not Just a Thought

Unlike fleeting wishes, intention is a sustained, focused energy that impacts reality. It carries momentum and can manifest tangible results when harnessed consistently.

2. Aligning with the Universal Mind

Dyer stresses that intention works best when one aligns personal will with the universal mind or creative source. Resistance, doubt, and negative emotions can block this flow.

3. Cultivating an Attitude of Allowing

Rather than forcing outcomes, the power of intention involves trusting the timing and methods by which desires materialize. This “allowing” removes stress and opens pathways for manifestation.

4. Presence and Awareness

Being fully present and aware supports clarity of intention. Mindfulness practices enhance this presence, enabling one to respond rather than react to circumstances.

5. Living from a Place of Love and Compassion

Dyer emphasizes that intentions rooted in love and compassion are more potent and aligned with the universal energy. This contrasts with intentions based solely on fear or scarcity.

Dr. Wayne Dyer Power of Intention vs. Law of Attraction

The power of intention is often compared to the law of attraction, as both deal with manifesting desires. However, key differences exist:

- **Scope:** The power of intention encompasses a broader, more holistic energy that includes spiritual alignment, while the law of attraction often focuses on attracting specific outcomes through positive thinking.
- **Approach:** Dyer encourages surrendering control and trusting the universal process, whereas the law of attraction sometimes emphasizes controlling thoughts and feelings to attract results.
- **Emotional Basis:** The power of intention prioritizes love and compassion as driving forces, whereas the law of attraction can sometimes be reduced to self-centered desire fulfillment.

These distinctions highlight why Dr. Wayne Dyer's teachings appeal to a wide audience seeking depth and authenticity in manifestation practices.

Practical Applications of the Power of Intention

Incorporating the power of intention into daily life requires both mindset shifts and concrete practices. Some of the most effective methods include:

Visualization and Affirmations

Visualizing desired outcomes with sensory details while affirming positive beliefs helps embed intention into the subconscious. This process strengthens the neural pathways connected to goal achievement.

Mindfulness Meditation

Mindfulness meditation enhances present-moment awareness, reduces mental clutter, and cultivates receptivity to intuition and universal guidance—key for harnessing intention.

Journaling Intentions

Writing down intentions with clarity and emotion can serve as a commitment device and a reference point for tracking progress. It also encourages reflection on internal resistance.

Aligning Actions with Intentions

Intentions must be complemented by inspired actions. Aligning daily behaviors with one's intentions creates coherence between thought and deed, increasing the likelihood of manifestation.

Critiques and Limitations

While Dr. Wayne Dyer's power of intention offers profound insights, it is not without criticism. Skeptics argue that the concept can be overly idealistic, lacking empirical rigor, and potentially leading to frustration if outcomes

do not materialize as expected. There is also a risk of neglecting practical challenges by attributing success solely to intention.

Moreover, the emphasis on spiritual alignment may not resonate with individuals who prefer secular or evidence-based frameworks. It's important to balance intention with realistic planning and adaptive problem-solving.

The Enduring Influence of Dr. Wayne Dyer's Teachings

Since its publication, *The Power of Intention* has become a seminal work in personal growth circles. Dr. Wayne Dyer's ability to blend psychology, spirituality, and practical guidance has cemented the power of intention as a transformative tool. Its principles continue to influence coaches, therapists, and thought leaders who advocate for conscious living and manifestation.

The ongoing popularity of this concept underscores a universal human desire: to create meaningful change in life by harnessing inner energy and aligning with greater forces. As research in neuroscience, quantum physics, and psychology evolves, the dialogue around intention and manifestation remains dynamic, inviting deeper exploration.

In summary, Dr. Wayne Dyer power of intention presents a compelling framework that integrates mind, heart, and spirit to facilitate personal and collective transformation. By approaching intention as a dynamic force rather than a passive wish, individuals may unlock new pathways to fulfillment and purpose.

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dr wayne dyer power of intention: The Power of Intention (EasyRead Super Large 20pt Edition) Wayne W. Dyer, 2004

dr wayne dyer power of intention: The Essential Wayne Dyer Collection Dr. Wayne W. Dyer, 2013-09-24 The #1 New York Times best-selling author Wayne Dyer has been inspiring people to change their lives for many years. Now three of his most fascinating books are collected in this single volume: • The Power of Intention details Wayne's research on intention as a force in the universe that allows the act of creation to take place. He explains that it is not something we do, but rather an energy we're a part of. This is the first book to look at intention as a field of energy that we can access to begin co-creating our lives. • Inspiration dissects feelings of emptiness, the idea that

there must be something more, and trying to determine the meaning of life . . . all evidence of a yearning to reconnect with our soul space. This book explains how we've chosen to enter this world of particles and form, and each chapter is filled with specifics for living an inspired life. From a very personal viewpoint, Wayne offers a blueprint through the world of Spirit to inspiration, our ultimate calling. • *Excuses Begone!* reveals how to change the self-defeating thinking patterns that have prevented us from living at the highest levels of success, happiness, and health. Wayne presents many of the conscious and subconscious crutches most of us employ, along with ways to cast them aside once and for all. The old, habituated ways of thinking will melt away as the absurdity of hanging on to them is exposed, and we ultimately come to realize that there are no excuses worth defending—ever. The Essential Wayne Dyer Collection is a must-read for those wanting to explore the power and potential of the human mind, as well as anyone who is finally ready to live the best life possible!

dr wayne dyer power of intention: The Invisible Force (EasyRead Large Bold Edition) ,

dr wayne dyer power of intention: The Power of Intention Perpetual Flip Calendar Wayne W. Dyer, 2004-08-01 In this handsomely-boxed perpetual flip calendar, which you can use year after year, Dr. Wayne W. Dyer brings you thoughts and reflections that will help you bring the power of intention into your life. As Wayne says: I've put together this calendar because I know that intention is a force that we all have within us, and we have the power to draw this energy into our lives by being the energy we want to attract. I hope you'll use this calendar to bring the power of intention into your life, and experience your world in an exciting new way!

dr wayne dyer power of intention: *The Power of Intention* Wayne W. Dyer, 2004 Argues that intention is a force found in the universe that propels an individual into action and includes stories and examples of the principles of intention and ways to apply intention to everyday life.

dr wayne dyer power of intention: The Power of Intention (Volume 1 of 2) (EasyRead Super Large 24pt Edition) ,

dr wayne dyer power of intention: The Power Of Intention Wayne W Dyer, Intention is generally viewed as a pit-bull kind of determination propelling one to succeed at all costs by never giving up on an inner picture. In this view, an attitude that combines hard work with an indefatigable drive toward excellence is the way to succeed. However, intention is viewed very differently in this book. Dr. Wayne W. Dyer has researched intention as a force in the universe that allows the act of creation to take place. This book explores intention not as something you do but as an energy you re a part of. We re all intended here through the invisible power of intention. This is the first book to look at intention as a field of energy that you can access to begin co-creating your life with the power of intention.

dr wayne dyer power of intention: *10 Secrets for Success and Inner Peace* Wayne W. Dyer, 2011-01-19 Is your life path lit by your inner candle flame, or are you stumbling along in the dark? In Dr. Wayne Dyer's new book, he reminds us of what so many people easily forget in the day-to-day grind of life, that material success is not what we are ultimately trying to achieve, and therefore it shouldn't be our driving force. Within each of us lies success and inner peace, which can be found once we understand that a deeper, richer life experience is characterized by a burning desire, or as Dr. Dyer describes it, an "inner candle flame." In this thought-provoking book, Dr. Dyer offers simple ways to change your life-and your outlook on life. The ten principles presented here apply to people who are just beginning their journey of discovery, as well as those who have already embarked on life's winding path. Dr. Dyer urges us to listen with an open heart, and to apply the secrets that resonate with them and discard the rest. By doing so, we'll learn to feel the peace of God that truly defines success.

dr wayne dyer power of intention: *Everyday Wisdom* Wayne Dyer, 2021-11-02 Offers a collection of over 200 of author's famous quotes and observations.

dr wayne dyer power of intention: The Power of Awakening Dr. Wayne W. Dyer, 2020-10-13 #1 Wall Street Journal bestseller! This new book of spiritual teachings from international best-selling author and beloved inspirational speaker Dr. Wayne W. Dyer is based on his audio

lectures from the 1990s and 2000s, offering a fresh take on mindfulness and enlightenment. Beloved spiritual teacher Dr. Wayne W. Dyer often shared his thoughts on the path and practice of personal empowerment during his writings and presentations. He'd say, This is not about self-help. It's about self-realization, which is way beyond self-help. In this book, which collects some of his timeless words of wisdom in a new format, the internationally renowned speaker and author offers spiritual tools to transcend your current circumstances and old patterns in order to reach true fulfillment. He will show you how to become genuinely awake, aware of the power you have within to shift your thought processes, release attachments, and tame your ego-to name just a few topics covered in these pages. Wayne will help you understand what an illusion much of life is, so you can see the big picture and spark deep transformation (that is, the ability to go beyond your form), resulting in peace and harmony in all areas of your life. He will also take you through the stages of enlightenment and instruct you in mindfulness practices such as visualization and meditation, ultimately helping you reach a higher consciousness. Indeed, as a result of reading this book, you'll feel as if you are absolutely living in the light, in tune with the magnificence of the universe . . . and yourself.

dr wayne dyer power of intention: The Power of Intention Dr. Wayne W. Dyer, 2004-07-01
'Change the way you look at things and the things you look at will change.' Wayne Dyer For years Wayne Dyer has been researching the power of intention, the energy that surrounds all of us. He tells us how we can train ourselves to tune into this energy and step beyond our minds and egos. When we do this we become what Dyer calls 'Connectors' and make ourselves available to the energy of success. Connectors are the people whom everyone sees as lucky, the people who get all the breaks. They don't say, 'With my luck, everything will go wrong,' they just know things will go well. They trust an invisible force that will be all-providing and just don't attract negativity to themselves. This book is full of dynamic steps that we can use to tap into this transformational energy. This book explores intention - not as something you do - but as an energy you're part of. We're all intended here through the invisible power of intention. This is the first book to look at intention as a field of energy you can access to begin co-creating your life!

dr wayne dyer power of intention: Living In Light: Journey of a soul, moving from darkness to light Zankhana Tambi, 2020-06-11 In December 2019 when in one part of the world, the Pandemic had started to spread its darkness; there were many parts where the Divine light had started to spread. Living in Light is a story of a woman who after having gone through a series of heartaches and struggles finally arrives in a place of Divine light & Wisdom. As the world outside was caught in fear and uncertainties, her world was filled with love and the light of the Divine Masters, whom she now communed with daily in her meditation. They guided her and insisted her to write this book and share with the world her journey of moving from darkness to light. The book Living in Light will serve as GPS (God's Positioning System) for each and every one of you, to choose light over darkness and begin Living in Light. Wisdom of her soul beautifully shared in this book Where it will uplift the lives of many - Master Pallavi For those who want to walk the path keep living in light, close to you. - Ruszbeh N Bharucha

dr wayne dyer power of intention: 21 Days to Find Success and Inner Peace Dr. Wayne W. Dyer, 2022-09-27 A guide to the secrets of leaving negativity behind and finding purpose in just 21 days. Discover your true life purpose, open your mind and your heart to opportunity and potential, and lead a happy, successful life. Dr. Wayne W. Dyer was considered to be one of the world's top spiritual teachers, known worldwide for his warm, insightful wisdom. This empowering guide will show you that in just 21 days you can let go of negative mindsets and move past long-term problems, become open to the joy that is present all around you, and find inspiration to lead the life of your dreams. The easy-to-follow principles in this short book give you all you need to find a goal in life that is spiritually fulfilling and overflowing with happiness. Living life with an open heart and a clear purpose is only 21 days away with these incredible life-lessons. Studies have shown it takes only 21 days for a new habit to take root. If there's a spiritual interest you've always wanted to take advantage of, the answer is here with the 21 Days series.

dr wayne dyer power of intention: *A Growth Manual For Your Life: Making complex topics simpler. An attempt to bring a paradigm shift!* Tushar Sinha, 2024-06-01 About Author Tushar Sinha is an engineer, entrepreneur, author, and founder of IN-X GROWTH. The vision of IN-X Growth is to bring a paradigm shift in the human minds by empowering them with the tools for personal growth and self-transformation. Tushar believes that, if one wants complete growth of their personality, then they need to improve themselves spiritually, intellectually, mentally, physically, and financially. This is what he provides at the IN-X Growth. IN-X means internal-external growth of a human being. IN-X Growth's business is involved around the following activities: They give on-call consultations, webinars, motivational sessions, seminars, events, corporate training, leadership and personality development classes, life coaching, relationship counselling, growth mindset development for children, physical fitness and self-defence training, yoga classes, meditation sessions, finance and investing training, and general counselling. Tushar has been studying, researching and working on personal growth for more than 5 years now. After reading dozens and dozens of books, doing more than 10,000 hours of focused research, and giving more than 500 consultations, which amounts to more than 10,000 minutes of coaching and consultations, he observed that there are few common problems that most people are facing today in their lives, irrespective of their age, such as depression, anxiety, low self-image, fear of missing out, negative thoughts, overthinking, etc. In this book he has tried to provide the solutions to the burning questions that all of us face today. This book must be treated as a LIFE GROWTH MANUAL. THIS BOOK WILL SHOW YOU... How to deal with suicidal thoughts? How to go from confusion to clarity? How to make a paradigm shift in life? How to overcome social media addiction? How to make decisions and achieve results? How to stay motivated in difficult situations? How to overcome FOMO, anxiety and depression? How to craft your destiny by using the law of attraction? How to overcome inferiority complex, self-doubt and enhance self-confidence? How to take charge of your mind by overcoming overthinking & negative thoughts?

dr wayne dyer power of intention: The Confidence Factor Annie Ashdown, 2013-09-18 If you don't have confidence within yourself, why would anyone else have confidence in you? A lack of self confidence can affect anybody, whether you're the director of a company or a student at university, you can be taken advantage of, passed over for promotion without achieving your potential. When you have self-esteem, assertiveness and confidence you stand up for yourself, you know what you want and go for it. You are the best you can be. Annie Ashdown, Harley Street Master Hypnotherapist and Confidence Coach, had no confidence for many years, but gradually developed the 7 secrets to self-confidence which transformed her life. Packed with insightful advice, top tricks and tips from successful people and practical techniques, font color=#FDD017The Confidence Factor reveals the secrets for gaining confidence, explains what is confidence and how to be confident, discover: Accessible advice and practical tips on gaining self-confidence Straightforward techniques that have immediate effect The confidence tricks high-profile successful people use The seven traits of self-confident people The Confidence Factor will explain the 7 simple steps to getting confident and mastering your emotions so you can feel strong whatever life throws at you.

dr wayne dyer power of intention: Jeffrey L. Cslc Scholl, 2010-01-01

dr wayne dyer power of intention: *The Shift* Wayne W. Dyer, 2010-06 As we contemplate leaving the morning of our life, where ego has played a commanding role, and entering the afternoon (and evening), where meaning and purpose replace ambition and struggle, we may encounter unexpected occurrences that accompany this new direction. It's almost a universal law that we'll experience a fall of some kind. Yet these falls or low points provide the energy we need to move away from ego and into a life of meaning and purpose. The Shift doesn't mean that we lose our drive and ambition; it signifies that we become ambitious about something new. We make a commitment to living a life based on experiencing meaning and feeling purposeful, rather than a life based on never-ending demands and false promises that are the trademark of the ego's agenda.

dr wayne dyer power of intention: *Inspiration* Wayne Dyer, 2009-08-31 From a very personal viewpoint, Dyer offers a blueprint through the world of inspiration--a person's ultimate calling.

dr wayne dyer power of intention: *Wishes Fulfilled* Dr. Wayne W. Dyer, 2012-02-28 This book is dedicated to your mastery of the art of realizing all your desires. The greatest gift you have been given is the gift of your imagination. Everything that now exists was once imagined. And everything that will ever exist must first be imagined. *Wishes Fulfilled* is designed to take you on a voyage of discovery, wherein you can begin to tap into the amazing manifesting powers that you possess within you and create a life in which all that you imagine for yourself becomes a present fact. Dr. Wayne W. Dyer explores, for the first time, the region of your highest self; and definitively shows you how you can truly change your concept of yourself, embark upon a God-realized way of living, and fulfill the spiritual truth that with God all things are possible —and all things means that nothing is left out. By practicing the specific technique for retraining your subconscious mind, you are encouraged to not only place into your imagination what you would like to manifest for yourself, but you are given the specifics for realigning your life so you can live out your highest calling and stay connected to your Source of being. From the lofty perspective of your highest self, you will learn how to train your imagination in a new way. Your wishes —all of them —can indeed be fulfilled. By using your imagination and practicing the art of assuming the feeling of your wishes being fulfilled, and steadfastly refusing to allow any evidence of the outer world to distract you from your intentions, you will discover that you, by virtue of your spiritual awareness, possess the ability to become the person you were destined to be. This book will help you See —with a capital S —that you are divine, and that you already possess an inner, invisible higher self that can and will guide you toward a mastery of the art of manifestation. You can attain this mastery through deliberate conscious control of your imagination!

dr wayne dyer power of intention: The Image Maker Avis Cole Attaway LMFT, 2018-07-03

We all begin life with dreams. We believe in magic, like Santa Claus and the Tooth Fairy. Nothing seems to be out of our reach. Over time, however, we learn differently. We are told to stop dreaming and to get our head out of the clouds. We are told that if we want something, we just need to work hard for it. But even with hard work and persistence, those things we desire often remain elusive and just out of reach. We try to think positively and still nothing changes. Life begins to feel like something that appears to work for others, but not for us. We may even begin to think that we might be cursed, because nothing we do seems to turn out as we had hoped. Or perhaps those dreams have come true, yet we don't feel as happy or contented as we had expected. Something seems to prevent us from experiencing any joy or satisfaction in life. Life is not what we had imagined. Imagining is the key. We can create the life of our dreams through the correct use of our mind, and construct a new way of being that feels authentic and joyful. The Image Maker will lead you into explorations of your life from every angle and encourage your examination of the conscious and subconscious beliefs that are currently running your life. Then, with this information in hand, you will be ready to make new choices that will start you on the path of your dreams

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